

NORTH BREVARD SENIOR CENTER NEWSLETTER

909 Lane Avenue, Titusville, FL 32780 (321)268-2333

June 2013 EDITOR: Adrienne Herrell

Welcome to a Birthday Party!



Come and help us celebrate the birthday of all our members born in June on **Wednesday, June 5th** at 12:00 Noon

New Classes to Be Offered

(Sign up in the Media Room)

Cribbage Wednesdays from 11 AM to 2PM Contact Barbara (321) 607-2210 Starts June 5th

Interested in learning to play Bridge? Sign up in the media room and we will find an instructor if there is enough interest.

A photography class will be offered if there is enough interest. Description of the class is on page 6. Sign up in the Media Room if you are interested.

Coming in September... ZUMBA Gold.

NEWS

Free Movies Offered this Summer

Downton Abbey (Seasons 1, 2, and 3) is being offered FREE to members on Wednesday afternoons, 12:30 in Room B during the summer. This PBS series has become a huge hit - even with those who normally don't watch PBS programs. If you have been a loyal fan since the beginning, come and enjoy seeing the beginnings again. If you got caught up in this amazing series after the start , this is your chance to see the beginning episodes. If you have never seen Downton Abbey, you need to check out this addictive series. Downton Abbey will be shown on our big screen television in B Room Wednesday afternoons from 12:30 to 2:30 Beginning June 5. There will be no showing on June 26 due to the Safe Driving Course. (Sorry , members only -please show your 2013 membership card for admission)

Friday Movies Every Friday at 12:30

(Sorry , members only -please show your 2013 membership card for admission)

June 7 Zero Dark Thirty (R Adventure)

June 14 Life of Pi (PG Drama)

June 21 Les Miserables (PG-13 Musical Drama)

June 28 No Country For Old Men (R Thriller)

See page 9 for movie descriptions.

We have a suggestion box located just outside the Operations Manager's Office in the lobby. If you have any suggestions about the facility, activities, or the park, please feel free to submit them.

Be sure to visit our website at: http://NorthBrevardSeniorCenter.tripod.com

CLASS AND ACTIVITY SCHEDULE		
MONDAY	**COST – MEMBER/ NON-MEMBER**	**CONTACT PERSON**
10-11 AM Senior Fitness	$2/$3	Linda 383-0735
9:30 – 4 PM Canasta	$1/$2	Eleanor 269-1742
11:15 – 12:15 Tap & Jazz (Not meeting in June)	$2/$3	Linda 383-0735
12:15 Jack of Hearts Drawing	$1 a ticket	Buy tickets at front desk
12:30 – 4 PM Duplicate Bridge	$5/$6	Ralph 593-2212
1-3 PM Mexican Train (Dominoes)	$1/$2	Edna 269-2937
5-6:30 PM Tap & Jazz	$1/$2	Marsha 264-2776
6-7 PM Country Couples (Intermediate)	$4/$5	Sue (309)236-5219
7-8 PM Country Couples (Beginners)	$4/$5	Sue (309) 236-5219
7-9 PM BUNCO (2nd Monday)	$3/$4	Cat 268-9530
7-10 PM Poker (EVERY Monday night!)	$1/$2	Frank (407) 538-6602 (1st & 3rd wk) Kathy (407) 625-8267 Barbara (321) 607-2210 (2nd & 4th wk)
TUESDAY		
10 – 11 AM Dance Exercise	$1/$2	Adrienne 652-5830
10:30 AM – 4PM Pinochle/Cards	$1/$2	Rachel 267-7376
10:30 AM - Duplicate Bridge		Eileen 267-0304
12:30-3:30 PM Mahjongg Lessons (American Version)	$1/$2	Betty 693-7261
1-2 PM Tai Chi	$2/$4	Jimmy 385-9140
1-4:15 PM Party Bridge	$2/$3	Gladys 267-3490 (Call by Monday)
6-7 PM Beginning Line Dancing	$3/$4 or $25 for 12 week session	Ferrel 267-0195
7-8:30PM Line Dancing	$3/$4 or $25 for 12 week session	Ferrel 267-0195
WEDNESDAY		
10-11 AM Senior Fitness	$2/$3	Linda 383-0735
10:30 AM—1 PM Mahjonng (American Version)	$1/ $2	Betty 693-7261
11AM – 2 PM Cribbage	$1/$2	Barbara (321) 607-2210
12 Noon Birthday Celebration	No fee	
12:30-4 PM Duplicate Bridge	$5/$6	Ralph 593-2212
1-2 PM Beginning Line Dancing (Will NOT meet in August)	$3/$4 or $25 for 12 week session	Yvette 225-4872
2-3:30 PM Line Dancing (Will NOT meet in August)	$3/$4 or $25 for 12 week session	Yvette 225-4872
4-5 PM Senior Singles (2nd Wednesday of the Month)	$2/$3	Jean 362-2359
6:30- 8:30 PM Line Dancing	$2/$3 (Come in the back door)	Barbara 452-1944

THURSDAY	COST	CONTACT PERSON
9 AM Free Blood Pressure Check	No fee	
10 – 11 AM Dance Exercise	$1/$2	Adrienne 652-5830
10 AM-2:30 PM BINGO	$8	Rachel 268-9530
1-4 PM Scrabble (2nd & 4th Thursday)	$1/$2	Adrienne 652-5830
FRIDAY		
9AM-3 PM Canasta/Hand and Foot	$1/$2	Eleanor 269-1742
10:15-11:30 AM Clogging (Starts again in Sept)	$2/$3	Linda 383-0735
10:30-Noon Writer's Club	$1/$2	Dorothy 607-6450
12:30- 4 PM Duplicate Bridge	$5/$6	Ralph 593-2212
1:00-3:30 PM Mahjonng (American Version)	$1/$2	Betty 693-7261
7-10 PM Party Bridge	$2/$3	Austra 269-6593
7-10 PM English Country Dancing (Starts again in Fall)	$2/$3	Onie 636-2209

ACTIVITIES BY CATEGORY

CARDS DAY AND TIME	DANCE CLASSES
Bridge (Duplicate) MWF 12:30 PM	Country Couples Monday 6 & 7 PM
Bridge (Party Night) Friday 7 PM	Clogging Friday 10 AM (Starts again in Fall)
Bridge (Party) Tuesday 1 PM	Line Dancing Tuesday 6 & 7 PM Wednesday 1 & 2 PM Wednesday 6:30 PM
Canasta (Hand & Foot) Monday 10 AM	Tap & Jazz Monday 11:15 AM & 6:30 PM (Morning class starts again in Fall)
Euchre Wednesday 1 PM	Dance Exercise Tuesday & Thursday 10 AM
Pinochle Tuesday 11 AM	**OTHER ACTIVITIES**
Poker Every Monday 7 PM	Computer Classes (Sign up in Media Room)
GAMES	Tai Chi Tuesday 1 PM
Billiards (Pool) Daily (9Am – 4 PM)	Senior Fitness Monday 10 AM, Wed. 10 AM
BUNCO 2nd Monday 7-9:15 PM	
Mahjonng Lessons Tuesday 12:30– 3:30 PM Games Wednesday 10:30AM—1 PM Friday 1-3:30 PM	Jack of Hearts Drawing Monday 12:15 PM
Mexican Train (Dominoes) Monday 1 PM	
Scrabble 2nd & 4th Thursday	**DID YOU KNOW?????**
Wii Bowling Teams play on different days and times. Fall league will form in August. Sign up in the Media Room for practice sessions.	**YOU CAN JOIN NBSC WHEN YOU TURN 50. You can participate in activities at any age.**

Do you have special needs?

Need Jumper Cables? See the Manager Low Blood Sugar? Glucose tablets at the Greeter's Desk

Blood Pressure Issues? Meter is available in the President's Office

EXECUTIVE COMMITTEE

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Marsha Clayton
TREASURER
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President's Message

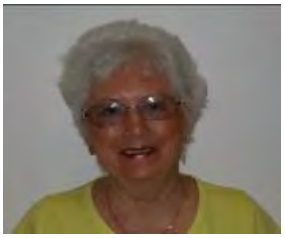
Summer is here and we are finding ways to keep cool. This summer we will again offer free movies to our members. We will continue them throughout the summer if enough interest is shown. Check on page 1 and page 9 of this newsletter for dates, times, & movies being offered in June. Please remember- if you like an activity, support and promote it.

We have several new activities to offer members besides the free movies. This month Country Couples and Cribbage will begin and an AARP Safe Driving Course is being offered on June 26. This is a one day course. Anyone taking the course will get a deduction on their automobile insurance for the next 3 years. Every insurance company in Florida must honor this. Cost is $12 for AARP members and $14 for all others. Sign up in the Media Room. Class size is limited to 20. There are sign up sheets in the Media Room for other new classes too. A photography class and beginner bridge lessons will be offered if there is enough interest. More computer classes are being scheduled during the summer and mahjongg lessons will continue throughout the summer. Find something new to try this summer at the center.

This month we will be sprucing up Room B. The air handler has been enclosed and Pat Goodman has donated some art for our walls. Volunteers are coming in to help with this project. If you would like to join us , stop by my office and let me know.

We want to thank Jim Bullard for his donation of a large microwave oven! BIG THANKS JIM!!

Ferrel



Ask Dotti

Last month we had a Fashion Show and Luncheon at Martin Anderson Senior Center. It was a huge success with about 70 people attending, including models. The ladies were happy with the lunch and asked for recipes. I have sent 2 of the recipes to MASC for their newsletter and thought North Brevard Seniors might like them too.

The main course was a Wild Rice Crab salad that is easy and delicious. The other is Orange Gelatin Pretzel salad that is so cool for summer and perfect with the Crab salad.

I hope you enjoy them as much as the ladies at MASC did.

WILD RICE CRAB SALAD

1 ½ cups uncooked wild rice
1 pound cooked fresh or canned crabmeat or imitation crab
2 cups fresh broccoli florets
2 cups fresh cauliflowerets
¼ cup chopped onion
1 bottle (16 ozs.) ranch salad dressing
1 tablespoon sugar
½ teaspoon salt
¼ teaspoon pepper

Cook rice according to package directions; drain and rinse in cold water.

In a large bowl, combine the rice, crab meat, broccoli, cauliflower and onion. Combine the ranch dressing, sugar, salt, pepper; pour over salad and toss to coat. Cover and refrigerate for at least 4 hours before serving.

Yield; 12 servings

ORANGE GELATIN PRETZEL SALAD

2 cups crushed pretzels
3 teaspoons plus ¾ cup sugar, divided
¾ cup butter, melted
2 packages (3 ozs. Each) orange gelatin
2 cups boiling water
2 cans (8 oz each) crushed pineapple, drained
1 can (11 oz) mandarin oranges, drained
1 package (8 oz) cream cheese, softened
2 cups whipped topping (Additional whipped topping, optional)

In a small bowl combine the pretzels and 3 teaspoons sugar; stir in butter. Press into ungreased 13 x 9 inch baking pan. Bake 350 degrees for 10 minutes. Cool on wire rack.

In a large bowl dissolve gelatin in boiling water. Add pineapple and oranges. Chill until partially set, about 30 minutes.

In a small bowl beat cream cheese and remaining sugar until smooth. Fold in whipped topping. Spread over crust. Gently spoon gelatin mixture over cream cheese layer. Cover and refrigerate for 2-4 hours or until firm.

Cut into squares. Garnish with additional whipped topping if desired

TITUSVILLE PLAYHOUSE

Youth Summer Theatre Program

Beginning June 3 will be offering a youth summer theatre program for young adults going into 7th grade or just graduating 12th grade. There are still openings in the program and the month long program ends with the group performing the Central Florida Premier of SHREK, The Musical. You can get tickets for Shrek NOW by calling the office and it runs June 25 - 30. Tickets will go fast so get your tickets early for this family friendly fun show.

Also don't forget to renew your season tickets before May 1 or call us at 321-268-1125 to place your order as a new season ticket holder. We will start placing new orders on May 1st.

Titusville Playhouse is also in need of volunteers and can use your help with ushering, working behind stage, or several other tasks. Call the theater to volunteer.



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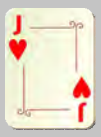
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Jack of Hearts Winners



May 6—Ron Trothier $5

May 13—Marilyn Du Vall $25

May 20— Fred Phillips $5

May 27— Bruce Radcliffe $5

The jackpot is now over $600!

Jack of Hearts Rules

Tickets are sold by the greeter or Operations Manager. They are $1 each.

You write your name and phone number on each ticket and place it in the tumbler drum.

Drawings are held on Monday at 12:15.

The person whose name is drawn selects one card from the display.

Jokers and other Jacks pay $25

If you chose the Jack of Hearts, you win the jackpot which is now over $600

VOLUNTEER OF THE MONTH

Sidney Uditas



Sidney has been active at NBSC since it opened. She moved to Titusville from Pennsylvania in 1977 to be nearer to her daughter and son. She says she and her husband came down to visit friends and suddenly her husband was looking at houses. Sidney works the reception desk on Tuesday and Thursday afternoons from 12:30 to 4 PM but has worked in just about every capacity at the center over the years. She has also been active in the community with Welcome Wagon and various kids of dancing until her knees gave out. Sidney's smiling face is the first thing many of our members see as they come in the door. She is a cheerful reminder that we can be active and involved well into our 90s.

NEW MEMBERS

Evelyn Allocco
Fran Cean
Deborah Dunn
Gail Golden
Jem Golden
Vedica Green
Cindy Lauter
Janine Lytle
Jacki Saccucci
Marilyn Urbinelli

We welcome you all!



To nominate a new member to be featured in future issues of the newsletter, please contact Adrienne Herrell at (321)652-5830 or adrienneh.herrell@gmail.com

New Photography Class to be Offered

The proposed photography class will be designed for persons who have advanced cameras with optional manual controls. Participants will need their cameras for each class and are encouraged to bring a tripod and the camera's manual.
1st Lesson—F-stop & how it relates to a lens. Adjusting the F-Stop. Manual settings.
2nd Lesson - Focusing and depth of field
3rd Lesson—This will be a two-part class. First will be flash photos in manual mode. Second will be an outside shoot using manual mode.
4th Lesson—Another 2 part class. First will be flash photography effects, second will be inside shooting that requires a flash.
5th Lesson— Wrap up, Question and answers and a class project of pictures that the center needs.



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NORTH BREVARD SENIOR CENTER, INC.
909 Lane Ave., Titusville, FL 32780
Phone: 321.268.2333

2013 MEMBERSHIP APPLICATION

Please print: NEW [ ] RENEW [ ]

LAST NAME: _____

FIRST NAME: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP _____

PHONE: _____

EMERG. NAME _____

EMERG. # _____

E-MAIL ADDRESS: _____

IF YOU CAN VOLUNTEER CIRCLE BELOW:

Library Kitchen Computer Front Desk Special Events
Decorating Room Setup (Men Only) Other Not Able to Help

_____ _____
Date Signature

TYPE OF MEMBERSHIP

[ ] INDIVIDUAL $12 [ ] LIFETIME $100
[ ] $10 BOOSTER

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LUNCHES

Full, well-balanced, hot or cold lunches are served Monday thru Friday at the North Brevard Senior Center. Menus are posted at first of the month.

Reservations required. Please call the day before between 10 am and 1 pm: 321-536-8851.

$3.50 for those under 60 years of age.

Serving times:
M W F – 11:30 am
Tue – 11:45
Thurs – 12:00 noon

Sponsored by Community Services Council of Brevard, Inc.



2013 Boosters

LORETTA BODZIAK
FREIDA BROWNLY
JAMES BULLARD
PHYLLIS N. CADY
EUGENE C. CADY
ANNE DeCARLO
KENNETH EASTRIDGE
CATHERINE (KAY) FISCHER
VALERIE FRANCIS
SUSAN FRANK-GASS
DOROTHY FUCHS
WILLIAM GASS
MARIANNE GREENBLUM
ADRIENNE HERRELL
MARY KILTY
BARBARA LAWING
BARBARA MANZI
MARY MARTIN
CURTICE MARTIN
PETE MAZZATTO
FERREL MAZZATTO
WAYNE McCALL
MARION McCALL
JOHN McLAUGHLIN
WILFRED MEEHAN
WILLIAM MENTZ
DORIS MERRILL
AUSTRA MILLER
SHIRLEY MINTHORN
CAROLYNN MOUAT
CAROLE NARCISO
LAWRENCE OPPENHEIMER
BARBARA PAYAN
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JERINE PITTMAN
BRUCE RADCLIFFE
GWEN RESPESS
ERIC RHYS
JEAN RICHARDS
SUE RUSSELL
JESSIE RUSSELL
KENNETH SLATTERY
MARY JO SPRINKLE
GEORGE VAN STADEN
EVELYN VAN STADEN
MARILYN VARNADO
BETTIE WALLACE
FRANK WALLEY
FAYE WALLEY

Wii Bowlng is sponsored by Beef O'Brady's
Wii Bowling will resume in the fall.

North Brevard Senior Center Boosters

We publicly thank these members every month because their added contribution of $10 a year or more does "boost" our ability to continue to provide interesting activities for all Senior Center members. Remember, your Senior Center is primarily supported by the membership; we receive no monies from government funding or taxes.

Friday Movie Descriptions

June 7 Zero Dark Thirty (R Adventure) The story of history's greatest manhunt for the world's most dangerous man. For a decade, an elite team of intelligence and military operatives, working in secret across the globe, devoted themselves to a single goal: to find and eliminate Osama bin Laden.

June 14 Life of Pi (PG Drama) A young man survives a disaster at sea and is hurtled into an epic journey of adventure and discovery. While cast away, he forms an amazing and unexpected connection with another survivor...a fearsome Bengal tiger.

June 21 Les Miserables (PG-13 Musical Drama) Set against the backdrop of 19th-century France, Les Misérables tells an enthralling story of broken dreams and unrequited love, passion, sacrifice and redemption-a timeless testament to the survival of the human spirit

June 28 No Country For Old Men (R Thriller) When a Vietnam veteran discovers two million dollars while wandering through the aftermath of a Texas drug deal gone horribly awry, his decision to abscond with the cash sets off a violent chain reaction



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AARP Safe Driving Course

One day course offered June 26 at NBSC.

Anyone taking the course will get a deduction on their automobile insurance for the next 3 years. Every insurance company in Florida must honor this.

Cost $12 for AARP members and $14 for all others.

Sign up in the Media Room. Class size is limited to 20.





Every Thursday at 10 a.m. Doors open at 9 a.m.
Free Snacks & Hot Coffee Lunch $3.50 (with Reservation)

$8 to play 16 regular games FUN, FRIENDLY PEOPLE

Special paper games $1 per sheet (6 games per sheet)

Call 268-2333 for more information NO SMOKING



ORIGAMI NESTING BOXES CLASS

WED., JUNE 19, 2013, 12:30 PM

NORTH BREVARD SENIOR CENTER

MEMBERS $1
NON-MEMBERS $2

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Giving Back to the Community



Food collected by the BINGO Players

Every first Thursday of the month North Brevard Senior Center BINGO holds a food drive. In exchange for a non-perishable food item, BINGO players receive a free speedball card with the winners receiving $20. Many of the players bring more than one item, so the contributions to the community increase each month. **Thank you BINGO players!**

Karaoke Anyone??

Come and join in the singing with host, Mike Schuler 268-2013

Free Admission for NBSC Members
50/50 Drawing

Friday Night 7 -10 PM

Watch for announcement date on bulletin board in the lobby



Computer Workshops to Begin in June

Terry Eisenberg will begin teaching a four-week session called Learning About Computers (the basics). This course is for beginners and covers a wide range of basic information including introduction to word processing. This course will meet from 1PM to 2:45 on Tuesday, June 4th.

From 9:30 AM to 11 AM on Wednesday, June 5th, Judi Nelson will help people learn to use the computer and Internet for things like email, Facebook, on-line shopping and banking. This will also be a four week session. Please do not sign up for these classes unless you already know how to use a computer and have some keyboarding skills.

Each workshop will cost $15 which will need to be paid one week in advance. There will be no make-up session or refunds. New sign-up sheet are posted in the Media room. Bruce Radcliffe will be calling those who sign up to schedule them into the new sessions.

MESSAGES TO OPERATIONS MANAGERS

There is a small book entitled “Notes to Operations Managers” for anyone who wants to convey a message. It is kept in the rack on the greeter’s desk in the lobby.

Looking for rental space for an event?

Did you know that North Brevard Senior Center has space available for rent for parties, weddings, receptions, reunions? Our facility has spaces available for groups of 25 – 250 people. Facilities include:

- Full kitchen appropriate for preparing foods or catered events
- Formal ballroom with stage
- Rooms of various sizes

Outdoor space with gazebo and beautiful lake

Thinking about having a lovely outdoor wedding? Our lakefront gazebo is perfect and the reception could be held right on the premises. Some rooms can be divided with moveable doors. Larger rooms have lovely dance floors.

Prices range from $25 to $700. Feel free to come by and tour the facilities 9AM-4PM. Call for a guided tour and more information (321)2682333.





Line Dance Social
Friday, June 14st

7-10 P.M.

All dances by request
$5 includes snacks and soft drinks



June Center Dance Saturday



June 15 th



Cruise to Victory

VICTORY CASINO CRUISE WEDNESDAY JUNE 26TH.
BUS PICK-UP AT 9AM AT N. BREVARD SENIOR CENTER.
ADVANCE PAID RESERVATIONS REQUIRED BY JUNE 21ST.
SEE OPERATIONS MANAGER FOR RESERVATIONS AND PRE-PAYMENT

VICTORY CASINO Cruises
PORT CANAVERAL FLORIDA

$45 INCLUDES BOARDING, DINING, $10 FREE SLOT PLAY AND TRANSPORTATION.
BUS RETURNS AROUND 5:30PM
SHIP SAILS FROM 11AM - 4PM
PHOTO ID REQUIRED

CALL SHERYL OKKEN AT 321-261-5367

$3.99 MEDICATION PROGRAM

The formulary list of the program may be subject to get modified or discontinued without prior notice. The brand names of the drugs in the list are for reference purpose only. The dispensed drug will be generic or as permitted by law. See pharmacist for more details

--- CHOLESTEROL ---		
MEVACOR (LOVASTATIN) 10, 20, 40	Tablet	30
ZOCOR (SIMVASTATIN) (ALL)	Tablet	30
--- DIABETES ---		
GLYBURIDE/METFORMIN (ALL)	Tablet	30
METFORMIN ER/XR 500 MG	Tablet	30
--- DIURETICS/WATER PILLS ---		
BUMETANIDE 0.5, 1, 2 MG	Tablet	30
CHLORTHALIDONE 25, 50 MG	Tablet	30
DEMADEX 10, 20 MG	Tablet	30
HCTZ 12.5, 25, 50	Caps/Tabs	30
INDAPAMIDE 1.25, 2.5 MG	Tablet	30
LASIX (FUROSEMIDE) 20, 40, 80	Tablet	30
--- MENTAL HEALTH ---		
AMITRIPTYLINE (ELAVIL) (ALL)	Tablet	30
BENZTROPINE 0.5, 1, 2 MG	Tablet	30
BUSPAR (BUSPIRONE) 5, 10, 15	Tablet	30
CELEXA (CITALOPRAM) 10, 20, 40	Tablet	30
DOXEPIN 10, 25, 50, 75, 100MG	Capsule	30
HALDPERIDOL 0.5, 1, 2, 5MG	Tablet	30
IMIPRAMINE 10, 25MG	Tablet	30
LITHIUM CARBONATE 300MG	Capsule	30
PAMELOR (NORTRIPTYLINE) (ALL)	Caps/Tabs	30
PAXIL (PAROXETINE) 10, 20, 30, 40 MG	Tablet	30
PROZAC (FLUOXETINE) 10, 20,	Capsule	30
REMERON (MIRTAZAPINE) 15, 30 MG	Tablet	30
TEGRETOL 100, 200MG	Tablet	30
TRAZODONE 50, 100, 150MG	Tablet	30
ZOLOFT (SERTRALINE) (ALL)	Tablet	30
--- WOMEN'S HEALTH ---		
CLOMIPHENE (CLOMID) 50 MG	Tablet	5
ESTRADIOL 0.5, 1, 2 MG	Tablet	30
ESTROPIPATE 0.75, 1.5 MG	Tablet	30
PRENATAL RX	Tablet	30
PROVERA (ALL)	Tablet	30

--- PROSTATE/BPH MEDS ---		
PRAZOSIN 1, 2, 5 MG	Capsule	30
CARDURA (DOXAZOSIN) 1, 2, 4, 8 MG	Tablet	30
HYTRIN (TERAZOSIN) 1, 2, 5, 10MG	Capsule	30
--- STOMACH/GASTRO HEALTH ---		
BENTYL (DICYCLOMINE) 10, 20 MG	Tablet	30
CIMETIDINE 300, 400, 800 MG	Tablet	30
COMPAZINE(PROCHLORPERAZINE) 5,10	Tablet	30
LACTULOSE 10GM/15ML	Solution	120
PEPCID (FAMOTIDINE) 20, 40 MG	Tablet	30
PHENERGAN(PROMETHAZINE)12.5,25MG	Tabs/Syrup	12/60
REGLAN (METOCLOPRAMIDE) 5, 10 MG	Tablet	30
ZANTAC (RANITIDINE) 150, 300	Tablet	60/30
--- THYROID CONDITIONS ---		
ARMOUR THYROID 15, 30 MG	Tablet	30
METHIMAZOLE 5 MG	Tablet	30
PROPYLTHIOURACIL 50 MG	Tablet	30
SYNTHROID (LEVOTHYROXINE) (ALL)	Tablet	30
--- OTHER MEDICAL CONDITIONS ---		
DITROPAN (OXYBUTYNIN) 5MG	Tablet	30
FOLIC ACID 1MG	Tablet	30
ISONIAZID 300MG	Tablet	30
LIDOCAINE VISCOUS 2 %	Solution	100
MAG- G4	Tablet	30
MAGNESIUM OXIDE 400MG	Tablet	30
PERIDEX (CHLORHEXIDINE) 0.12 %	Oral Rinse	473
PREDNISONE 1, 2.5, 5, 10, 20	Tablet	30
PYRIDIUM (PHENAZOPYRIDINE) 100	Tablet	10

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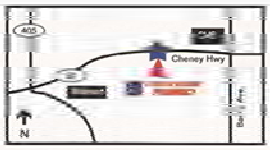
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GLIMEPERIDE 1 MG, 2 MG & 4 MG TABS	Max Qty. 30

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The formulary list of the program may be subject to get modified or discontinued without prior notice. The brand names of the drugs in the list are for reference purpose only. The dispensed drug will be generic or as permitted by law. See pharmacist for more details.

--- ALLERGY, COUGH,COLD & FLU MEDS ---

ATARAX 10MG/5ML	Syrup	120
CLARITIN 10 MG	Tablet	30
CLARITIN 5MG/5ML	Syrup	120
PHENERGAN DM	Syrup	120
TESSALON 100 MG	Capsule	30
ZYRTEC 10MG	Tablet	30

--- ANTI-FUNGAL MEDS ---

DIFLUCAN 100,150,200MG	Tablet	4/1/4
LAMISIL (TERBINAFINE) 250 MG	Tablet	14

--- ARTHRITIS, GOUT, & PAIN MEDS ---

ALLOPURINOL 100, 300MG	Tablet	30
BACLOFEN 10MG	Tablet	30
CHLORZOXAZONE 500 MG	Tablet	30
DEXAMETHASONE 0.5,0.75, 4 MG	Tablet	30/12/6
FLEXERIL 5, 10MG	Tablet	30
INDOMETHACIN 25MG	Capsule	30
KETOPROFEN 50,75MG	Capsule	30
MOBIC 7.5, 15MG	Tablet	30
MOTRIN 400,800MG	Tablet	30
NAPROXEN (ALL)	Tablet	30

--- ASTHMA MEDS ---

ALBUTEROL 0.083% NEB	Solution	1 Box
ALBUTEROL 0.5% NEB 20ML	Solution	1 Box
ALBUTEROL 2 MG/5 ML	Syrup	120
ALBUTEROL 2, 4 MG	Tablet	30
IPRATROPIUM 0.02% NEB	Solution	1 Box
THEOPHYLLINE 100,200MG	Tablet	30

--- BLOOD PRESSURE/HEART HEALTH ---

ATENOLOL 25,50,100MG	Tablet	30
ATENOLOL/CHLORTH (ALL)	Tablet	30
BENAZEPRIL 5, 10, 20, 40	Tablet	30
BENAZEPRIL/HCTZ (ALL)	Tablet	30
CAPTOPRIL 12.5, 25, 50, 100 MG	Tablet	30
CAPTOPRIL/HCTZ (ALL)	Tablet	30
CLONIDINE 0.1,0.2, 0.3MG	Tablet	30
COREG 3.125,6.25, 12.5, 25	Tablet	60
COUMADIN (WARFARIN) (ALL)	Tablet	30
DIGOXIN 0.125, 0.25	Tablet	30
DILTIAZEM 30,60,90,120MG	Tablet	30
ENALAPRIL 2.5, 5, 10, 20	Tablet	30
ENALAPRIL/HCTZ (ALL) MG	Tablet	30
FOSINOPRIL 10,20,40MG	Tablet	30
GUANFACINE 1,2 MG	Tablet	30
HYDRALAZINE 10,25MG	Tablet	30
INDERAL/ PROPANOLOL (ALL)	Tablet	30
ISOSORBIDE DN 5,10 20MG	Tablet	30
ISOSORBIDE MN 20MG	Tablet	30
LABETOLOL 100,200,MG	Tablet	30
LISINOPRIL 2.5, 5, 10,20,30,40	Tablet	30
LISINOPRIL/HCTZ (ALL)	Tablet	30
METOPROLOL TART 25, 50, 100	Tablet	60
NADOLOL 20, 40,80	Tablet	30
NORVASC(AMLODIPINE) 2.5,5,10	Tablet	30
SOTALOL 80,120MG	Tablet	30
SPIRONOLACTONE 25MG	Tablet	30
VERAPAMIL 80,120MG	Tablet	30

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