North Brevard Senior Center

MAY 2018

Editors: Gailrie Lamb & Cheryl Kassak

Center Information

909 Lane Ave
Titusville, FL 32780

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website/

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Center Hours: Monday thru Friday 9am to 4pm

MESSAGE from the President



Summer is on the way and we say a sad "See you in the fall." to our snowbirds. Enjoy your summer. We have exciting new activities starting, so check with us for a listing of new ones starting up or coming soon. We still need volunteers for desk help and to help with Bingo. We also have openings for new Board Members. If you are interested please contact a Board Member or Michelle. If you have any ideas or suggestions please contact me.

President Marsha Clayton

MESSAGE from the Operations Manager



April was a month filled with wonderful things for our center. We had Brain Health, a Saturday Line Dance Social, a Victory Casino Cruise, a Tea and Fashion Show.
Furthermore, we had our associate Membership for ages 18-49 as well as new activities that were started. They say " April showers bring May flowers"; I am excited and looking forward to what will bloom here in the future!

Your OPS Manager,
Michelle

NBSC Activities

MAY 2018

ACTIVITY	TIME	COST (MEMBER/NON-MEMBER	CONTACT PERSON
MONDAY-FRIDAY			
Billiards	9AM-4PM	$2/$3	Ops. Mgt. (321)268-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M. (321)383-1609
MONDAY			
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Marsha (321)264-2776
Canasta	9:30AM-4PM	$2/$3	Ops. Mgt. (321)268-2333
Senior Fitness	10AM-11AM	$3/$4	Linda (321)383-0735
Tap & Jazz	11:15AM-12:45PM	$3/$4	Linda (321)383-0735
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne (321)267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25(5-week course)	Hannah (321)720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve (321)269-0357
Poker	6PM-9PM	$2/$3	Barbara (321)607-2210
Bunco (2nd Mon)	6:30PM-9PM	$2/$3	Sharon (321)383-7927
TUESDAY			
Basic Computer	9AM-1PM	$2/$3	Dee (321)268-2333
Pinochle	9AM-2PM	$2/$3	Rachel (321)567-5322
Line Dance Exercise	9:30AM-10:30 AM	$3/$4	Naomi (321)567-9459
Duplicate Bridge	10:30AM-3PM	$3.25/$4.25	Ruth (321)2675837
Mahjongg	12:30PM-3:30PM	$2/$3	Ops. Mgt. (321)268-2333
Party Bridge	12:30Pm-3:30PM	$2/$3	Mary M. (321)269-7362
Darling Damsels Bridge	12:30Pm-3:30PM	$2/$3	Dotti (321)268-2333
Tai Chi (on hiatus until further notice)	1PM-2:30PM	$3/$5	Jimmy (321)385-9140
Dinner & Movie (2nd Tues)	5PM	$5	Marsha (321)264-2776
WEDNESDAY			
Senior Fitness	10AM-11AM	$3/$4	Linda (321)383-0735
Hooks& Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne (321)917-1108
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph (321)593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara (321)452-1944
THUSRDAY			
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel (321)567-5322
Sewing (Bring on machine)	9AM-12PM	$5/$10	Kathy (321)383-1292
Line Dance Exercise	9:30AM-10:30AM	$3/$4	Naomi (321)567-9459
Euchre	10AM-1:30PM	$2/$3	Mary (321)631-7014
Basic Computer	1PM-4PM	$2/$3	Dee (321)268-2333
Singles Club Planning Mtg (2nd Thru)	4PM	Call Jean for location	Jean (321)362-2359
FRIDAY			
Canasta/Hand & Foot	9AM-3PM	$2/$3	Ops. Mgt. (321)268-2333
Clogging	10:30PM-11:30PM	$2/$3	Linda (321)383-0735
Writers' Club	10:30PM-12PM	$2/$3	Pat (407)568-3557
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph (321)593-2212
Open Dance Party	7PM-10PM	$5	Mike (321)2682013
SATURDAY			
New Beginner Line Dance	8AM-9AM	$2/$3	Naomi (321)567-9459
New Beginner Line Dance	9AM-10AM	$2/$3	Naomi (321)567-9459

Executive Board

Board of Directors

Exec. Committee

President
Marsha Clayton

1st Vice President
Rachel Kusterer

2nd Vice President
Dotti Kunde

Treasurer
Cat Simkins

Secretary
Carolyn Schuler

Board Members

Terry Eisenberg
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Bill Farrell
Sandy Hill
Bill Hostler
Lori Heald
Richard Long
Fred Phillips
Jodi Thomas

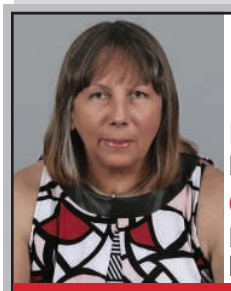
Emeritus Members

Gladys Amick
Doris McDowell
Joe Mangino

Operations Manager

Michelle Lewis

HAVE A CONCERN?
HEARD A RUMOR?
DON'T GOSSIP, GET
YOUR FACTS FROM
A BOARD OFFICER.



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STEVEN ALLENDER

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• There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.

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DAY TRIPS

12th ANNUAL KEY WEST TRIP Sun-Wed Dec.2-5 $537
Included in this year's fun get away. Lunch on the way down, 3 nights accommodations at the Fairfield Inn & Suites and lunch on the trip back home. Also included is the Glass Bottom boat ride. Plus, if you have not had the chance to see Christopher Peterson in person. This is a must see Cabaret Act as an optional excursion. This trip sell out every year, so be sure to send your $100 deposit by June 1, 2018.



CRUISES

Norwegian "Sun" Repositioning Cruise Thurs-Mon April 19-May 7 $$

All About You Travel rates are $1,000 less per person than the cruise lines. This fabulous cruise leaves Seattle with ports of call in Victoria B.C. San Francisco, Cabo San Lucas, Acapulco, Puntarenas, Panama Canal transit, Cartegena, Miami and into Port Canaveral.

Norwegian "Sun" Cruise to Cuba Mon-Fri. May 7-11 $724

There is group space for this sailing from Port Canaveral, as well as several other sailings through November 2018. The "Sun" sails to Key West and then overnight in Havana. Cost includes drink package and your choice of two of the following: prepaid gratuities, internet package, $50 shore excursion credit, specialty dining package or $75 ship board credit..

LINE DANCE PARTY

JUNE 2, 2018

SATURDAY AFTERNOON 1 p.m.-4 p.m.

NORTH BREVARD SENIOR CENTER

$5.00 ENTRY FEE

There will be a walk through before each dance.

You can also go **www.linedance-titusvilleflorida.com**

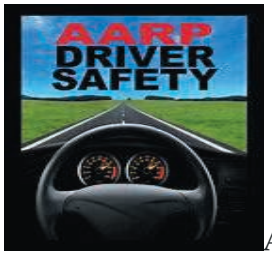
Contact Naomi Hostller at 321-537-945

OPEN TO THE PUBLIC!

ALL AGES ALIKE!



SENIORS DRIVING CLASS



For ages 50&up
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REAL POSSIBILLTIES

Attend and get discount on Florida auto insurance!
Next available session May 10, 2018.
Class hours: 9 a.m.—3 p.m.
Class size is limited to 30 people . Call 321 268-2333 to register.'
Cost: $15 for AARP member. $20 for non AARP member.
Must bring lunch and blank check. (No cash accepted)



Friday Dance Party
May 18, 2018
7—10 PM

Dance to the great sounds of D.J. Mike. All genres of music—requests welcomed!! Only $5 person (pay @ door) Snacks ,50/50 drawing & more!! BYOAB (bring your own "adult beverage"

ACTIVITIES HIGHLIGHT

LETS GET MOVING People



Senior fitness is held every Monday and Wednesday from 10AM– 11AM. Contact Linda @321-383-0735 for more details.

Not computer savvy? Need to brush up on a few skills?



Basic Computer classes are offered on Tuesdays 9AM-1PM & Thursdays 1PM-4PM. Contact Dee @ 321-268-2333 for more info.

Do you think you can Jazz?



Come join the fun!

Beginner Jazz classes are held on Wednesday from 11AM to 12:30 PM. Contact Marsha @ 321-264-2776 for more details.





Love to sew? Not so great at it?

SEWING MADE EASY WITH KATHY

Thursdays from 9AM-12PM

Sewing for all levels. Pick your own project. For more info call 321-383-1292

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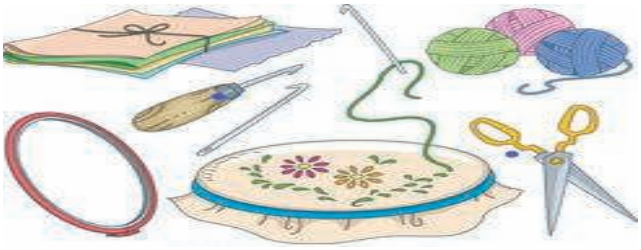
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ACTIVITIES HIGHLIGHT

NEW ACTIVITY



The Hurricane Rug Hookers are meeting on the 2nd & 4th Wednesday of each month. Contact Fonda@ 321-298-2796 for more details.



JOIN US FOR A FUN GAME OF POKER. EVERY MONDAY NIGHT FROM 6:30-9:30 PM. CONTACT BARBARA @321-607-2210 FOR MORE DETAILS.

DINNER &MOVIE @5PM(DOORS OPEN AT 4:45PM)



Dine in or Carry Out_$5.00 at the door.

Tuesday, May 8TH

Dinner:

Sloppy Joe & Salad

Dessert by Dotti

Movie: The Greatest Snowman

Coffee (BYOB)

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like.

For more info contact Michelle@321-268-2333

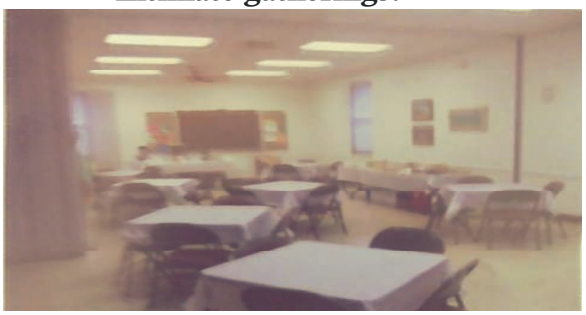
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(doors open at 9 AM)

Smoke Free Environment!

Only $8 to play 16 regular games(7 hard cards, additional hard cards $1 each.)
Special paper games pay varies (Jackpot payout $100). Only $1 per sheet, 6 cards per sheet.
Free Hot Coffee & Snacks (donations for snacks)

****ATTENTION FIRST TIME PLAYERS****

Bring this AD & get free play of 7 Hard Cards all day!

RECIPE 1

Twice Baked Potato

1 large baking potato; 3/4 tsp. butter; 1 large egg beaten; 3 ox bulk pork sausage; 1 tsp. sour cream; 3 tsp. shredded cheddar cheese divided; 2 tsp. minced chives; 3/4 tsp. minced fresh parsley or 1/2 tsp. dried; 1/8 tsp. each salt-pepper. Scrub pierce potato; microwave uncovered on high 15-17 minutes until render turning once. In a skillet, melt butter add egg, cook and stir until set; remove set aside in same skillet cook sausage until no longer pink drain set aside.

When potato cools cut in half lengthwise scoop out pulp leaving a thin shell. In a large bowl mash pulp with sour cream stir in 2 tsp cheese, chives parsley put on baking sheet bake uncovered at 375 degrees for 12-15 minutes or until heated through. Sprinkle with remaining cheese and chives if desired, 375 calories for 1/2 stuffed potatoes 35g carbs 4 g sugars. Note the recipe also called to 2 strips of bacon cooked and crumbled.

Good Cooking!!

Ms. Dotti

Picture Page













Health First

Cancer Institute

Dear North Brevard Friend,

As your local not-for-profit community healthcare system, Health First is here for you and your family. Since 1937, we have been committed to positively changing the health and well-being of our community through excellent and compassionate health care, and we will continue to do so in the years to come.

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We are here to serve you and deliver your oncology needs.

If you have any questions, or would like to schedule a next day appointment, please call 321.615.9438.

Sincerely,

Firas Muwalla, MD, Ashish Dalal, MD, Juan Castro, MD,
Brendan Prendergast, MD, Solomon Zimm, MD, Richard Sprawls, MD
Josephine Dela Cruz, MD and Cynthia Bryant, MD

Next Day Appointments Available



490 N. Washington Avenue, Titusville, FL 32796

HFcancer.org

NBSC first young member Britni!



Center Spotlight

In this May edition we are pleased to announce that we have extended our membership to include ages 18-49. We shine light on a young lady name Britni Gordon. She is our very first young member in our new membership category. She attends Saturday Line Dance class and has already become an excellent dancer.

NBSC MEMBERSHIP

BECOME A MEMBER
$20.00 YEARLY FOR AGES 50& OVER
$10.00 YEARLY FOR AGES 18-49

Boosters

Become a Newsletter Booster for the low price of $10 a year.

Loretta Bodziak	Eleanor Langfield
Catherine Fischer	Joe Mangino
Susan Frank	Barbara Manzi
James Gikas	Bobbie Martinez
Wanda Graf	Wilfred Meehan
Lora Heald	Austra Miller
Cheryl Kassak	Roosevelt Northern
Harold Klotzer	Linda Raab
Carolyn Schuler	





Fun for Seniors

The church held a "Marriage Seminar" and the Priest asked Luigi, as his 50th wedding anniversary approached, to share some insight into how he managed to stay married to the same woman all these years. Luigi replied to his audience, "Well, I tried to treat her well and spend money on her. But the best thing I did was take her to Italy for our 20th anniversary."

The Priest said "Luigi, you are an inspiration to all husbands here today. Please tell the audience what you plan for your wife for your 50th anniversary." Luigi proudly replied "I'm gonna go and get her."