Center Information
909 Lane Ave
Titusville, FL 32780

JUNE 2018

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website/

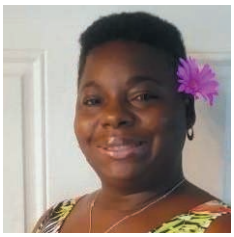
NORTH BREVARD SENIOR CENTER

In this issue . . .

Activities ..... Pg. 1
NBSC Activities..... Pg. 2
Executive Board ..... Pg. 3
Center Trips ..... Pg. 4
Special Events ..... Pg. 5
Activities Highlight.....Pg. 6,7
Rentals ..... Pg. 8
Bingo & Recipes ..... Pg. 9
Picture Page .....Pg. 10
Spotlight.....Pg. 11

Editors:

Gailrie Lamb



Cheryl Kassak



Center Hours: Monday thru Fri-

MESSAGE from the President



Well we are one step closer to summer. The kids will be out of school, snowbirds have flown the coup and don't forget we are open 5 days a week M-F 9:00 to 4:00 p.m.
We still have lots of good activities listed ; come enjoy meeting with friends and making new friends and cooling off. We had a great movie night, it was "The Greatest Showman" about Ringling and Barnum Bros. circus history. It was a musical, yup a musical and it was so good. The audience even clapped afterwards. There wasn't even a peep from people and even the popcorn wasn't popping. We are glad to welcome the new age group of people ages 18 to 49 yrs. of age to our facility. We hope you can find something that excites you, and if not, suggest it and we'll see what we can do. Thanks for all you who support us by volunteering and attending our activities.

Respectfully,
Marsha Clayton NBSC Board President.

MESSAGE from the Operations Manager



As we are going into the summer months
We would like to encourage you to be healthy by staying hydrated. Drink plenty of water, use sunscreen and eat healthy. Take time for yourself. You can come to our library for books, puzzles, DVD's. You can check out to enjoy at home or come sit and socialize. Like to shoot pool, play ping pong, or WII we have it in our game room. So come on and join us. Hope to see you soon.

Michelle Lewis Operations Manager.

NBSC Activities

JUNE 2018

ACTIVITY	TIME	COST (MEMBER/NON-MEMBER	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M.	(321)383-1609
Monday				
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Marsha	(321)264-2776
Canasta	9:30AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Senior Fitness	10AM-11AM	$3/$4	Linda	(321)383-0735
Tap & Jazz	11:15AM-12:45PM	$3/$4	Linda	(321)383-0735
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne	(321)267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25(5-week course)	Hannah	(321)720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve	(321)269-0357
Poker	6PM-9PM	$2/$3	Barbara	(321)607-2210
Bunco (2nd Mon)	6:30PM-9PM	$4/$5	Sharon	(321)383-7927
TUESDAY				
Pinochle	9AM-2PM	$2/$3	Rachel	(321)567-5322
Line Dance Exercise	9:30AM-10:30 AM	$3/$4	Naomi	(321)537-9459
Duplicate Bridge	10:30AM-3PM	$3.25/$4.25	Ruth	(321)267-5837
Mahjongg	12:30PM-3:30PM	$2/$3	Ops. Mgt.	(321)268-2333
Party Bridge	12:30PM-3:30PM	$2/$3	Larry B.	(321)631-8061
Darling Damsels Bridge	12:30PM-3:30PM	$2/$3	Dotti	(321)268-2333
Tai Chi	10AM-11:30AM	$3/$5	Jimmy	(321)385-9140
Dinner & Movie (2nd Tues)	5PM	$5	Marsha	(321)264-2776
Ballroom Dance Class	6PM-7PM	$10	Debbie	(678)457-3389
WEDNESDAY				
Senior Fitness	10AM-11AM	$3/$4	Linda	(321)383-0735
Hooks& Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne	(321)917-1108
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara	(321)452-1944
Hurricane Rug Hooking	10AM-2PM	$2/$3	Fonda	(321)298-2796
Beginner Jazz	11AM-12:30PM	$2/$3	Marsha	(321)264-2776
THUSRDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel	(321)567-5322
Sewing (Bring on machine)	9AM-12PM	$5/$10	Kathy	(321)383-1292
Line Dance Exercise	9:30AM-10:30AM	$3/$4	Naomi	(321)537-9459
Euchre	10AM-1:30PM	$2/$3	Mary	(321)631-7014
Singles Club Planning Mtg (2nd Thru)	4PM	Call Jean for location	Jean	(321)362-2359
FRIDAY				
Canasta/Hand & Foot	9AM-3PM	$2/$3	Ops. Mgt.	(321)268-2333
Clogging	10:30AM-11:30AM	$2/$3	Linda	(321)383-0735
Writers' Club	10:30AM-12PM	$2/$3	Pat	(407)568-3557
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Open Dance Party	7PM-10PM	$5	Mike	(321)268-2013
SATURDAY				
New Beginner Line Dance	8AM-9AM	$2/$3	Naomi	(321)537-9459
New Improvers Line Dance	9AM-10AM	$2/$3	Naomi	(321)537-9459

****** ART CLASS HELD BY REQUEST _CALL 321-268-2333 FOR MORE INFO******

Executive Board

Board of Directors

Exec. Committee

President
Marsha Clayton

1st Vice President
Rachel Kusterer

2nd Vice President
Dotti Kunde

Treasurer
Cat Simkins

Secretary
Carolyn Schuler

Board Members

Terry Eisenberg
Anne Farrell
Bill Farrell
Sandy Hill
Bill Hostler
Lori Heald
Richard Long
Fred Phillips
Jodi Thomas
Ron Spieler

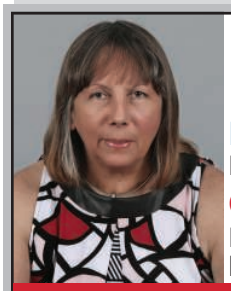
Emeritus Members

Gladys Amick
Doris McDowell
Joe Mangino

Operations Manager

Michelle Lewis

HAVE A CONCERN?
HEARD A RUMOR?
DON'T GOSSIP, GET
YOUR FACTS FROM
A BOARD OFFICER.



CarePlus HEALTH PLANS
Louise Brown
Licensed Independent Agent
Cell: 321-480-5287
Fax: 321-637-1106
brownlouisevalerie@gmail.com
4100 N. Wickham Road Melbourne, Florida 32935

Fast, Courteous Service!
ORANGE PLUMBING

ASK ABOUT OUR SENIOR DISCOUNT AND $25.00 OFF
First time customers only • Not to be combined with any other offer
Northern Brevard • 321-268-1043
Central Brevard • 321-609-9090
24 HOUR EMERGENCY SERVICE

Property Marketers LLC

Ron Spieler | Realtor | Broker Associate, SFR, MRP
SERVING NEW JERSEY AND FLORIDA
3880 S. Washington Ave., Suite 238 • Titusville, FL 32780
(321) 987-1237 Cell | www.yourperfect.property | www.propertymarketersllc.com
rspieler@propertymarketersllc.com
Seniors and veterans will receive a discounted 4.5% rate

What Will Happen To **Your Family** and **Your Money** If You Go Into A Nursing Home?
Allender & Allender May Be Able To Preserve Your Lige Savings Today...
Before It's Too Late
Call today to schedule a Medicaid Planning consultation.

JERRY ALLENDER

STEVEN ALLENDER

Did You Know That:
• In Florida, nursing home expenses average $7,000 per month, or $84,000 per year.
But Did You Also Know That:
• There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.

ALLENDER & ALLENDER
SERVING THE LEGAL MATTERS OF AGING
Elder Law Attorneys
Phone: 321-269-1511 | www.AllenderLaw.com
Serving All Brevard County
Offices Titusville • Cocoa Beach • Viera



All trips OPEN TO THE PUBLIC.

MORE INFO?
Call All About You Travel
at 321-631-8080

Sleuth's Mystery Show **Wed, Sept 9** **$89**
Orlando — Join us for an afternoon of "Who dunnit"! Choice of lunch entrée (lasagna, Cornish hen). Prime rib available for additional $6.39. Unlimited beer, wine and soda included. Then enjoy a fun interactive comedy murder mystery show. Minimum of 35. Sign up by August 17.

Daytona All Access Tour **Wed, Oct 10** **$77**
Includes 90-minute tour on the world-famous Daytona track, pit road & museum followed by lunch at Aunt Catfish's on the river. Minimum 35. Sign up by September 10.

Mt. Dora Crafts Fair **Sat, Oct 27** **$40**
Join us for our annual trip to Mount Dora to roam one of the largest crafts fairs in Central Florida. Minimum of 35. Sign up by September 28.

Jersey Boys **Sat, Nov 3** **$166**
Dr. Phillips Center, Orlando – First, lunch at the Ale House. Then enjoy orchestra seating for a matinee musical about 4 blue collar guys becoming one of pop music's greatest success stories! Minimum of 35. Sign up by June 13.

Stetson Christmas Spectacular **Thurs, Nov 15** **$96**
Deland — Enjoy a guided walking tour of the first two floors of the lovely Stetson Mansion (no elevators), built in 1886 by famed hat maker & philanthropist John Stetson. Lunch included at Cook's Buffet. Minimum of 35. Sign up by October 1.

12th Annual Key West Trip **Sun-Wed, Dec 2-5** **$537**
Included in this year's fun get-away: Lunch on the way down, 3 nights accommodations at the Fairfield Inn & Suites (right on the Trolley line!), and lunch on the trip back home. Also included is the Glass Bottom Boat ride. Plus, if you have not had the chance to see Christopher Petersen in person, this is a must-see Cabaret Act as an optional excursion. This trip sells out every year, so be sure to send your $100 deposit by June 1.

Night of Lights **Tues, Dec 18 & Wed, Jan 9** **$97**
St. Augustine – First, a fun day of shopping and sightseeing. Then dinner at Barnacle Bill's. After dinner, enjoy the 25th annual lights display, proclaimed by National Geographic to be one of the best light displays in the world! Minimum of 35. Sign up by Nov. 1 for the Dec. trip, and by Nov. 30 for January.

St. Johns River Eco Tour & Debary Hall **Thurs., Jan. 24** **$99**
Debary – Cool morning eco cruise, followed by a walking tour of Debary Hall, built in 1871 by Baron Debary, exclusive importer of Mumms champagne, the beverage of the wealthy. Lunch is included. Minimum of 35. Sign up by December 14.

Bok Tower & Davidson Candy Factory **Thurs., Feb. 14** **$83**
Lake Wales — First, a 1-hour docent-led tour, then lunch onsite as you listen to the famous carillon bells. Spend time walking part of the 250 acres of gardens & bird sanctuary. On the way home, we'll stop at the Candy Factory to buy your sweetheart some special Valentine's treats. Minimum of 35. Sign up by January 4, 2019.

Trip cost includes taxes & driver gratuity. Pick-up at Titusville Home Depot.



DINNER & MOVIE @ 5PM
(DOORS OPEN AT 4:45 PM)

Tuesday, June 12TH

Dine in or Carryout_$5.00 at the door.

Dinner: Chicken Casserole & Salad

*** Desert by Dotti***
Coffee & Water
(BYOB)

Movie: The Post

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like.
For more info contact Michelle @321-268-2333



SENIORS DRIVING CLASS
For ages 50&up
AARP
REAL POSSIBILLTIES

Attend and get discount on Florida auto insurance!
Next available session July 12, 2018.Class hours: 9:30 a.m.—3:30 p.m. (arrive at 9:15 a.m.) Class size is limited to 30 people. Call 321 268-2333 to register. Cost: $15 for AARP member. $20 for non AARP member.

Must bring lunch (lunch provided $3); blank check required. (No cash debit are credit cards accepted.)

Line Dance Party canceled for June

ACTIVITIES HIGHLIGHT



Love to write? Come join the fun. The Writer's Club meet every Friday from 10:30 AM to 12PM. Contact Pat@ 321-407-568-3557 for more information.



ACBL Duplicate Bridge Club meets every Wednesday and Friday from 12:30PM to 4PM. Contact Ralph at 321-593-2212 for more details.



We have Canasta every Monday from 9:30AM to 4PM and Canasta/Hand & Foot on each Friday from 9AM to 3PM. Contact the OPS Manger @321-268-2333 for more details.



Leave those Bowling shoes at home and join us for a game of Wii Bowling Monday thru Friday from 9AM to 4PM. Contact Pat @321-383-1609 for more information.

E. J. W. Lawn Service
Thank You Jesus
LICENSED & INSURED
FREE ESTIMATES
cut • edge • blow • weed eat
pressure wash • more
Contact Us: 321-684-9867
facebook.com/ejwlawnservice

Tea World
Over 100 Premium Teas
3550 S. Hopkins Ave
Titusville, FL
321-626-9089
www.TeaWorldOne.com
TeaWorld1@gmail.com
Hours: Tues-Fri 11-5:30 • Sat 11-2
Attn: North Brevard Seniors Free Iced Tea with Purchase of Lunch
Pam Hayhurst, Owner
Tea World Cafe: Lunch Tues-Sat 11-2
Also Private Parties and Group Luncheons

BYKOTA Acupuncture
www.bykotacupuncture.com
321-474-4573
Beverly Lynch LAc.
Acupuncture/Chinese Herbs
bk.lynch@yahoo.com

Monarch Cleaning Systems, Inc.
LET US DO THE WORK FOR YOU
CARPET SHAMPOOING FOR SENIORS
10% OFF CLEANING AND CARPET SHAMPOO AND CLEANING
(321) 268-2400 • www.monarchcleaningsystems.com



Golf1, Inc.
CLAUDINE BRANDON, REALTOR®
Certified Senior Real Estate Specialist
321-425-5048
Cell: 321-536-7766
claudinemogg@me.com

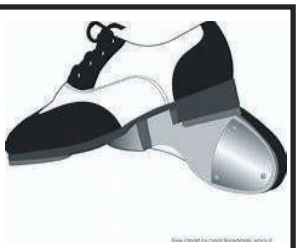
For ad info. call 1-800-477-4574 • www.4lpi.com 16-0407

ACTIVITIES HIGHLIGHT



Let the good time roll!
Join us for a fun game of Bunco held only on the 2nd Monday of each month_ 6:30PM-9PM. Contact Sharon @ 321-383-7927 for more details.

Want to learn how to Clog or improve your skills? Look no further we offer classes every Friday from 10:30AM to 11:30AM.





Contact Linda @ 321-383-0735 for more information.

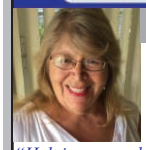


Come join us for Euchre every Wednesday from 10AM to 1:30PM. For more details contact Mary @ 321-631-7014.



Want to brush up on your Line Dancing skills or just want to have some good ole fun? We offer Beginner Line Dance class from 8AM to 9AM and Improvers Line Dance 9AM to 10AM each Saturday. Contact Naomi @ 321-567-9459 for more details.

MMCG Medicare & More Consultants Group



Representing Most Major Insurance Plans
Jeanne Anderson
Independent Sales Representative
Cell: 352-304-2167 Office: 352-435-7166
email: jeanne.a@mmcg1.com
www.MMCG1.com
"Helping you select the right plan for you!"

CONSULATE HEALTH CARE
At the Heart of Caring
VISTA MANOR
Medicare and Medicaid Accepted
1550 Jess Parrish Court • Titusville, FL 32796
(321) 269-2200

Dignity MEMORIAL
WYLIE-BAXLEY MERRITT ISLAND FUNERAL HOME
1360 N. COURTENAY PKWY, MERRITT ISLAND, FL 32953
321-452-6565
Pre-Planning with Free Personal Planning Guide Available
CATERED RECEPTIONS • CHAPEL • CREMATION MEMORIALS • EVENT SPACE • FUNERAL CELEBRANTS • MULTICULTURAL FUNERALS
We provide Florida families in Merritt Island, Cape Canaveral, Cocoa Beach and surrounding areas with compassionate and professional funeral, burial and cremation services.

PLANNING A PARTY?
WEDDING? REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
RATES START AT ONLY $50/HOUR!
FMI: 321-268-2333

OVERSIZED RENTAL AREA



ALCOVE AREA



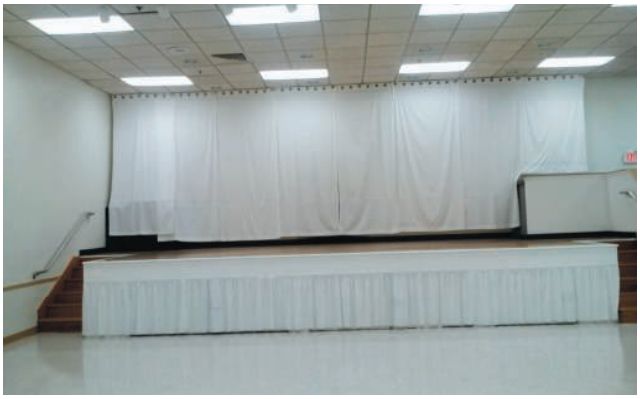
MIRROR BALL



FULLY EQUIP KITCHEN



STAGE AREA



SPACY KITCHEN



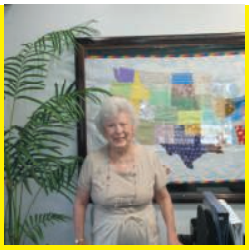




Thursdays @ 10AM
(doors open at 9 AM)
Smoke Free Environment!

Only $8 to play 16 regular games(7 hard cards, additional hard cards $1 each.)
Special paper games pay varies (Jackpot payout $100). Only $1 per sheet, 6 cards per sheet.
Free Hot Coffee & Snacks (donations for snacks)

****ATTENTION FIRST TIME PLAYERS****
Bring this AD & get free play of 7 Hard Cards all day!



Ms. Dotti



SOUR CREAM NOODLE BAKE

1 1/4 lbs. ground chuck; 15 oz. can tomato sauce; 1 1/2 teas. salt/pepper; 8 Oz's. egg noodles; 1/2 cup sour cream; 1 1/4 cups small curd cottage cheese; pinch red pepper; 1/2 cup sliced onions less to taste; 1 cup grated sharp cheddar cheese; Crusty French bread for serving, if desired.

Preheat over 350 degrees; Brown beef; drain fat; then add tomato sauce; 1/2 teas. salt; pepper; a pinch of rea pepper flakes; add to the noodles and stir; add the green onions. To assemble,
add half the of the noodles to a baking dish. Top with half the meat mixture; sprinkle with half the cheese. Repeat with noodles, meat and final layer of cheese. Bake until all the cheese is melted. About 20 minutes. Serve with crusty bread if desired. May be frozen and to cook from frozen. Place directly in a 375 degree oven and bake, covered for 45 minutes. Remove the lid and bake until lightly brown and bubbly, about 20 minutes. Yields 8 servings

Tea Party & Style Show

Our Women's Tea and Style Show was a big success. Dotti Kunde's food was awesome. Lots of varieties of goodies to choose from. The models did a wonderful job. The line was long with guests purchasing beautiful items from Bon Worth. The Bon Worth people are great to work with. It was such a hit that we are planning another one this fall. If you missed this one be sure to come to the next one.



****** ANY ACTIVITY DIRECTOR THAT WOULD LIKE THEIR GROUP PICS HIGHLIGHTED******
IN THE NEWSLETTER PICTURE PAGE SEND EMAIL TO TITUSVILLECENTER@OUTLOOK.COM

Health First

Cancer Institute

Dear North Brevard Friend,

As your local not-for-profit community healthcare system, Health First is here for you and your family. Since 1937, we have been committed to positively changing the health and well-being of our community through excellent and compassionate health care, and we will continue to do so in the years to come.

Our services and technology include:

- State-of-the-art Radiation Therapy
- Full Infusion Suite/Chemotherapy Services and Laboratory Services
- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D CRT
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

We are here to serve you and deliver your oncology needs.

If you have any questions, or would like to schedule a next day appointment, please call 321.615.9438.

Sincerely,

Firas Muwalla, MD, Ashish Dalal, MD, Juan Castro, MD,
Brendan Prendergast, MD, Solomon Zimm, MD, Richard Sprawls, MD
Josephine Dela Cruz, MD and Cynthia Bryant, MD

Next Day Appointments Available



490 N. Washington Avenue, Titusville, FL 32796

HFcancer.org

LADIES AND BRIDGE



Center Spotlight

Here at the NBSC every Tuesday we have a group of lovely ladies who meet to play duplicate bridge from 10:30am to 3 p.m. They have been meeting and enjoying each others company since the center opened in 1983. They bring their own lunch and also contribute to a dessert pot luck table. Most who participate are looking to get out and about socializing with friends. Research studies have shown positive and active at this period of life is very important. As you get older, you have to stay involved in the community. Many older people just sit around and watch too much TV, they don't move around and they don't travel. That's wrong.

NBSC MEMBERSHIP

*****BECOME A MEMBER*****

$20.00 YEARLY FOR AGES 50& OVER
$10.00 YEARLY FOR AGES 18-49

Boosters

Become a Newsletter Booster for the low price of $10 a year.

Loretta Bodziak
Catherine Fischer
Susan Frank
James Gikas
Wanda Graf
Lora Heald
Cheryl Kassak
Harold Klotzer
Carolyn Schuler
Eleanor Langfield
Joe Mangino
Barbara Manzi
Bobbie Martinez
Wilfred Meehan
Austra Miller
Roosevelt Northern
Linda Raab





Fun for Seniors

"Sugar why don't you sit down by the table and we'll start supper." Said Dorothy to her Husband of 50 years. "Sure thing," said her husband settling himself down. "Now darling, would you like the soup first or the salad?" Questioned Dorothy."Umm I guess I'll take the soup." He responded. After a whole meal of one endearing term after another, their guest Bob couldn't contain his curiosity any longer. Bob snuck into the kitchen and asked, "Dorothy do you always talk to your husband like that? " "Bob, I'll be honest with you," Dorothy replied. "It's been five years now, I just can't remember his name, and I am just too embarrassed to ask him!"