Center Information
909 Lane Ave
Titusville, FL 32780

JULY 2018

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website/

NORTH BREVARD SENIOR CENTER

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Editors:

Gailrie Lamb



Cheryl Kassak



Center Hours: Monday thru Friday 9am to 4pm

MESSAGE from the President



Hello Summer! I hope everyone is out enjoying their summer. We have lots of activities for you to enjoy in the cool air-conditioning here at the center. Check out our list of available activities and find a new one to tryout. Bring a friend or make some new ones. Remember your younger friends and family can now become members. We love welcoming new members.

President,
Marsha Clayton

MESSAGE from the Operations Manager



As we are getting into the month of July we celebrate Independence Day. As seniors we also must celebrate our independence by keeping our minds active and our body active, being social, and exercising. Check out our Activity list, join us and "celebrate" with us.

NBSC Activities

JULY 2018

ACTIVITY	TIME	COST (MEMBER/NON-MEMBER	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M.	(321)383-1609
Monday				
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Marsha	(321)264-2776
Canasta	9:30AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Senior Fitness (will resume sept)	10AM-11AM	$3/$4	Linda	(321)383-0735
Tap & Jazz (will resume sept)	11:15AM-12:45PM	$3/$4	Linda	(321)383-0735
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne	(321)267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25(5-week course)	Hannah	(321)720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve	(321)269-0357
Poker	6PM-9PM	$2/$3	Barbara	(321)607-2210
Bunco (2nd Mon)	6:30PM-9PM	$4/$5	Sharon	(321)383-7927
TUESDAY				
Pinochle	9AM-2PM	$2/$3	Rachel	(321)537-5322
Line Dance Exercise	9:30AM-10:30 AM	$3/$4	Naomi	(321)537-9459
Duplicate Bridge	10:30AM-3PM	$3.25/$4.25	Ruth	(321)267-5837
Mahjongg	12:30PM-3:30PM	$2/$3	Ops. Mgt.	(321)268-2333
Party Bridge	12:30PM-3:30PM	$2/$3	Larry B.	(321)631-8061
Darling Damsels Bridge	1PM-3:30PM	$2/$3	Dotti	(321)269-9633
Tai Chi	10AM-11:30AM	$3/$5	Jimmy	(321)385-9140
Dinner & Movie (2nd Tues)	5PM	$5	Marsha	(321)264-2776
Ballroom Dance Class	6PM-7PM	$10	Debbie	(678)457-3389
WEDNESDAY				
Senior Fitness (will resume sept)	10AM-11AM	$3/$4	Linda	(321)383-0735
Hooks& Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne	(321)917-1108
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara	(321)452-1944
Hurricane Rug Hooking (2nd&4th)	10AM-2PM	$2/$3	Fonda	(321)298-2796
Beginner Jazz	11AM-12:30PM	$2/$3	Marsha	(321)264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	$2/$3	Dottie	(321)269-9633
THUSRDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel	(321)537-5322
Sewing (Bring on machine)	9AM-12PM	$5/$10	Kathy	(321)383-1292
Line Dance Exercise	9:30AM-10:30AM	$3/$4	Naomi	(321)537-9459
Euchre	10AM-1:30PM	$2/$3	Mary	(321)631-7014
Singles Club Planning Mtg (2nd Thru)	4PM	Call Jean for location	Jean	(321)362-2359
FRIDAY				
Canasta/Hand & Foot	9AM-3PM	$2/$3	Ops. Mgt.	(321)268-2333
Clogging (will resume sept)	10:30AM-11:30AM	$2/$3	Linda	(321)383-0735
Writers' Club	10:30AM-12PM	$2/$3	Pat	(407)568-3557
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Open Dance Party (TBA)				
SATURDAY				
New Beginner Line Dance	8AM-9AM	$2/$3	Naomi	(321)537-9459
New Improvers Line Dance	9AM-10AM	$2/$3	Naomi	(321)537-9459

****** ART CLASS HELD BY REQUEST _CALL 321-268-2333 FOR MORE INFO******

Executive Board

Board of Directors

Exec. Committee

President
Marsha Clayton

1st Vice President
Rachel Kusterer

2nd Vice President
Dotti Kunde

Treasurer
Cat Simkins

Secretary
Carolyn Schuler

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Anne Farrell
Bill Farrell
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Bill Hostler
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Fred Phillips
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Ron Spieler

Emeritus Members

Gladys Amick
Doris McDowell
Joe Mangino

Operations Manager

Michelle Lewis

HAVE A CONCERN?
HEARD A RUMOR?
DON'T GOSSIP, GET
YOUR FACTS FROM
A BOARD OFFICER.



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STEVEN ALLENDER

Did You Know That:
• In Florida, nursing home expenses average $7,000 per month, or $84,000 per year.
But Did You Also Know That:
• There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.

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Sleuth's Mystery Show **Wed, Sept 9** **$89**
Orlando — Join us for an afternoon of "Who dunnit"! Choice of lunch entrée (lasagna, Cornish hen). Prime rib available for additional $6.39. Unlimited beer, wine and soda included. Then enjoy a fun interactive comedy murder mystery show. Minimum of 35. Sign up by August 17.

Daytona All Access Tour **Wed, Oct 10** **$77**
Includes 90-minute tour on the world-famous Daytona track, pit road & museum followed by lunch at Aunt Catfish's on the river. Minimum 35. Sign up by September 10.

Mt. Dora Crafts Fair **Sat, Oct 27** **$40**
Join us for our annual trip to Mount Dora to roam one of the largest crafts fairs in Central Florida. Minimum of 35. Sign up by September 28.

Stetson Christmas Spectacular **Thurs, Nov 15** **$96**
Deland — Enjoy a guided walking tour of the first two floors of the lovely Stetson Mansion (no elevators), built in 1886 by famed hat maker & philanthropist John Stetson. Lunch included at Cook's Buffet. Minimum of 35. Sign up by October 1.

12th Annual Key West Trip **Sun-Wed, Dec 2-5** **$537**
Included in this year's fun get-away: Lunch on the way down, 3 nights accommodations at the Fairfield Inn & Suites (right on the Trolley line!), and lunch on the trip back home. Also included is the Glass Bottom Boat ride. Plus, if you have not had the chance to see Christopher Petersen in person, this is a must-see Cabaret Act as an optional excursion. This trip sells out every year, so be sure to send your $100 deposit by June 1.

Night of Lights **Tues, Dec 18 & Wed, Jan 9** **$97**
St. Augustine – First, a fun day of shopping and sightseeing. Then dinner at Barnacle Bill's. After dinner, enjoy the 25th annual lights display, proclaimed by National Geographic to be one of the best light displays in the world! Minimum of 35. Sign up by Nov. 1 for the Dec. trip, and by Nov. 30 for January.

St. Johns River Eco Tour & Debary Hall **Thurs., Jan. 24** **$99**
Debary – Cool morning eco cruise, followed by a walking tour of Debary Hall, built in 1871 by Baron Debary, exclusive importer of Mumms champagne, the beverage of the wealthy. Lunch is included. Minimum of 35. Sign up by December 14.

Bok Tower & Davidson Candy Factory **Thurs., Feb. 14** **$83**
Lake Wales — First, a 1-hour docent-led tour, then lunch onsite as you listen to the famous carillon bells. Spend time walking part of the 250 acres of gardens & bird sanctuary. On the way home, we'll stop at the Candy Factory to buy your sweetheart some special Valentine's treats. Minimum of 35. Sign up by January 4, 2019.

Trip cost includes taxes & driver gratuity. Pick-up at Titusville Home Depot.

DINNER & MOVIE @ 5PM

(DOORS OPEN AT 4:45 PM)
Tuesday, July 10TH
Dine in or Carryout_$5.00 at the door.

Dinner: Spaghetti & Salad

Movie: Wild Oats

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like.

For more info contact Michelle @321-268-2333
*****Deserts by Dotti*****
Coffee& Water
(BYOB)



Picnic In The AC (air condition)
August 11th 2018

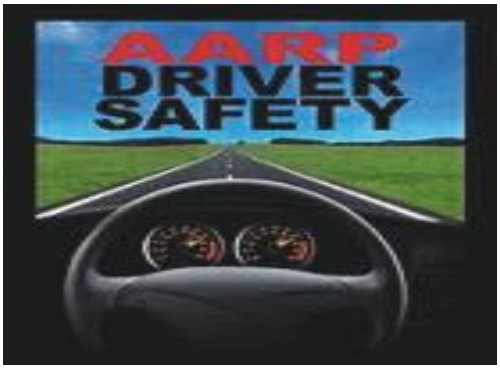
Time will be 12noon - 4pm. Doors open at 11:30am. Cost will be $12.00 per person and includes lunch. This event will have line dancing, games (Cards, Board Games, and the Game Room will be open also (Shoot Pool, Ping Pong, Wii) For more information they can call Naomi Hosteler @ 321-537-9459 or Ferrell Mazzatto @ 321-267-0195.

SENIORS DRIVING CLASS

For ages 50&up
AARP
REAL POSSIBILLTIES

Attend and get discount on Florida auto insurance!
Next available session July 12, 2018.Class hours: 9:30 a.m.—3:30 p.m. (arrive at 9:15 a.m.) Class size is limited to 30 people. Call 321 268-2333 to register. Cost: $15 for AARP member. $20 for non AARP member.

They may bring lunch or (lunch provided $3); blank check required. (No cash, debit or credit cards accepted.)





Date: July 19th
Time: 6PM
Cost: $3:00 for members/ $4:00 for nonmembers
Hosted By: DJ Pat Kern

Come sing or just listen_ Hang out and have a fun nigh!

*****BYO drinks & snacks to share*****

FYI: Karaoke Night will also be held August 23rd and September 20th.

ACTIVITIES HIGHLIGHT



We have Mahjongg on Tuesday 12:30 to 3:30. Contact the Ops Mgt. @321-268-2333 for more details.



Pull out those dancing shoes and come join us for Ballroom Dance lessons. We offer all levels Ballroom dance lessons on Mondays from 6PM to7PM, for more details contact Steve @ 321-269-0357. We also offer Ballroom Dance Class on Tuesday from 6PM to 7PM, contact Debbie @ 678 -457-3389.



Join us for Darling Damsel Bridge Tuesdays only from 1PM to 3:30 PM. Contact Dotti @ 321-269-9633 for more information.



We have Mexican Train Dominoes from 1PM to 3PM every Monday. For more details contact Joanne at 321-267-5923.

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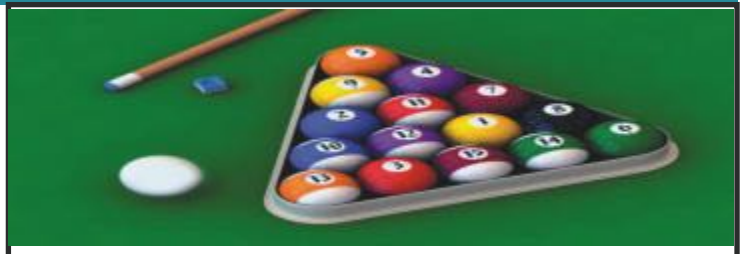


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ACTIVITIES HIGHLIGHT



Come join us for a game or two of Pinochle every Tuesday from 9AM to 2PM. For more details contact Rachel @ 321-537-5322.



Don't sit and be bored, come shoot some pool in the Billiards room open Monday thru Friday from 9AM to 4PM. Contact the Ops Mgt. for more details at 321-268-2333.

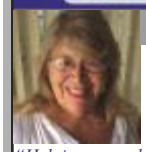


Do you have arthritis, poor posture, stress? Tai Chi is a very ancient exercise with a plethora of heath benefits. Do your health a favor and join us for Tai Chi every Tuesday from 10AM to 11:30AM. For more details contact Jimmy @ 321-385-9140.



Did someone say Bridge, Bridge, and more Bridge? We have Warrior Bridge on the 1st Wednesday of the month from 12:30PM to 3:30PM. Contact Dottie @321-269-9633 for more details.

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Ms. Dotti



Strawberry Cheesecake Trifle

Strawberries x 2 pints
1/3 cup sugar
1 lemon, juiced
1 (21oz) can strawberry pie filling

Vanilla cheese cake mousse;
2 (8oz) pkg. cream cheese, softened
2 cups powered sugar, Divided
4 cups heavy cream
1 tbls. Vanilla
1 angel food cake

Mix cut strawberries with 1/3 cup sugar and lemon juice. Stir well and set aside. Whip together the cream cheese with 1 1/2 cups powered sugar and 1/2 cup heavy cream. Whip remaining 2 1/2 cups heavy cream with 1/2 cup powered sugar, whip until stiff peaks form, fold 2 cups cream into mouse mixture by hand, Reserve the remaining cream to top the trifle. Add pie filling to fresh strawberries, mix well. To assemble alternate layers of cubed cake, strawberries and cheesecake mixture,. Top with cream and decorate,

Note; If desired, use Cool Whip for cheesecake mouse mixture.

Lemon Trifle
Use a lemon pound cake, lemon pudding and cool whip or heavy cream.

Picture Page

North Brevard Senior Center will like to thank our valued volunteers for their gracious hours of service. The volunteers seen below is just a fraction of volunteers that make North Brevard Community Center so great. Giving back to your community has many positives aspects, so for anyone who is interested in volunteering contact Ops. Mgt Michelle Lewis at 321-268-233.

Sandra



Helen



Jason



Clim



Health First

Cancer Institute

Dear North Brevard Friend,

As your local not-for-profit community healthcare system, Health First is here for you and your family. Since 1937, we have been committed to positively changing the health and well-being of our community through excellent and compassionate health care, and we will continue to do so in the years to come.

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- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

We are here to serve you and deliver your oncology needs.

If you have any questions, or would like to schedule a next day appointment, please call 321.615.9438.

Sincerely,

Firas Muwalla, MD, Ashish Dalal, MD, Juan Castro, MD,
Brendan Prendergast, MD, Solomon Zimm, MD, Richard Sprawls, MD
Josephine Dela Cruz, MD and Cynthia Bryant, MD

Next Day Appointments Available



490 N. Washington Avenue, Titusville, FL 32796

HFcancer.org



Our Cook Dottie

Born and raised in Connecticut, my father constantly reminded me I was incapable of boiling water without burning it. I always wanted to be a Chef. I finally overcame that obstacle by marrying a Chef. We retired and relocated to Florida in 1971. Little did I know while visiting the Kennedy Space Center for the first time that I would spend 20+ years of my life cooking for Astronauts, the greatest group of guys and girls in and out of this world. For years I had hoped to be fortunate to publish one cookbook and now the second book is a reality. I may have retired from NASA, but now I'm cooking for the seniors at the local Senior Citizen Center. It may not be the same as seeing the Astronauts launch into space on a full stomach, but there is pleasure and satisfaction knowing in some small way I'm contributing to our community.

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Eleanor Langfield
Joe Mangino
Barbara Manzi
Bobbie Martinez
Wilfred Meehan
Austra Miller
Roosevelt Northern
Linda Raab





SENIORS TEXTING CODE:

ATD: At The Doctors
BFF: Best Friend Fell,
BTW: Bring the Wheelchair,
BYOT: Bring Your Own Teeth,
FWIW: Forgot Where I WAS,
GGPBL: Gotta Go Pacemaker Battery Low,
GHA: Got Heartburn Again,
IMHO: Is My Hearing-Aid On,
LMDO: Laughing My Dentures Out,
OMMR: On My Message Recliner,
OMSG: Oh My! Sorry, Gas,
ROFLACGU: Rolling On Floor Laughing And Can't Get Up
TTYL: Talk To You Louder.

