Center Information
909 Lane Ave
Titusville, FL 32780

AUGUST 2018

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website/

NORTH BREVARD SENIOR CENTER

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Editors:

Gailrie Lamb



Cheryl Kassak



Center Hours: Monday thru Friday 9am to 4pm

MESSAGE from the President



It's hard to believe it's the middle of summer already. Where does the time go? That means you should get out and enjoy yourself while you can. Our Center has many activities for you to enjoy. Try a new one. Bring a friend or come and make some new ones. Our Center will have a new name. We will be called Titusville Adult Social Center. Same friendly people and activities, just a new name.
President,
Marsha Clayton

MESSAGE from the Operations Manager



This is our fourth edition of our new newsletter. I must take the time to thank those who helped to make our new adventure a success. The editors, Gailrie Lamb and Cheryl Kassak for their hard and wonderful work. They took up the challenge and we appreciate them greatly. To the many who sponsored ads in our newsletter, we thank you for your support. Take a look at the ads, see if they can be of service to you and give them a call. To LPI we thank you for how you worked along with us, answered our calls, and helped to walk us through to our success. To the web sites that post our newsletter and information NBBD and Renaissance we thank you too. As the saying goes, "It takes a village" and that is what it took to raise this baby. Keep reading. We have more wonderful and exciting news to bring to you.

Michelle Lewis - OPS Manager

NBSC Activities

AUGUST 2018

ACTIVITY	TIME	COST (MEMBER/NON-MEMBER	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M.	(321)383-1609
Monday				
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Marsha	(321)264-2776
Canasta	9:30AM-4PM	$2/$3	Ops. Mgt.	(321)268-2333
Senior Fitness (will resume sept)	10AM-11AM	$3/$4	Linda	(321)383-0735
Tap & Jazz (will resume sept)	11:15AM-12:45PM	$3/$4	Linda	(321)383-0735
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne	(321)267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25(5-week course)	Hannah	(321)720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve	(321)269-0357
Poker	6PM-9PM	$2/$3	Bill	(321)544-1430
Bunco (2nd Mon)	6:30PM-9PM	$4/$5	Sharon	(321)383-7927
TUESDAY				
Pinochle	9AM-2PM	$2/$3	Rachel	(321)537-5322
Line Dance Exercise	9:30AM-10:30 AM	$3/$4	Naomi	(321)537-9459
Duplicate Bridge (will resume sept)	10:30AM-3PM	$3.25/$4.25	Ruth	(321)267-5837
Mahjongg	12:30PM-3:30PM	$2/$3	Beverly	(305)355-1769
Party Bridge	12:30PM-3:30PM	$2/$3	Larry B.	(321)631-8061
Darling Damsels Bridge	1PM-3:30PM	$2/$3	Dotti	(321)269-9633
Tai Chi	10AM-11:30AM	$3/$5	Jimmy	(321)385-9140
Dinner & Movie (2nd Tues)	5PM	$5	Marsha	(321)264-2776
Ballroom Dance Class	6PM-7PM	$10	Debbie	(678)457-3389
WEDNESDAY				
Senior Fitness (will resume sept)	10AM-11AM	$3/$4	Linda	(321)383-0735
Hooks& Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne	(321)917-1108
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara	(321)452-1944
Hurricane Rug Hooking (2nd&4th)	10AM-2PM	$2/$3	Fonda	(321)298-2796
Beginner Jazz	11AM or 3:30PM	$2/$3	Marsha	(321)264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	$2/$3	Eleanor	(321)267-8340
THUSRDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel	(321)537-5322
Sewing (Bring on machine)	9AM-12PM	$5/$10	Kathy	(321)383-1292
Line Dance Exercise	9:30AM-10:30AM	$3/$4	Naomi	(321)537-9459
Euchre	10AM-1:30PM	$2/$3	Mary	(321)631-7014
Singles Club Planning Mtg (2nd Thru)	4PM	Call Jean for location	Jean	(321)362-2359
FRIDAY				
Canasta/Hand & Foot	9AM-3PM	$2/$3	Ops. Mgt.	(321)268-2333
Clogging (will resume sept)	10:30AM-11:30AM	$2/$3	Linda	(321)383-0735
Writers' Club	10:30AM-12PM	$2/$3	Pat	(407)568-3557
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321)593-2212
Open Dance Party (TBA)				
SATURDAY				
New Beginner Line Dance	8AM-9AM	$2/$3	Naomi	(321)537-9459
New Improvers Line Dance	9AM-10AM	$2/$3	Naomi	(321)537-9459

****** ART CLASS HELD BY REQUEST _CALL 321-268-2333 FOR MORE INFO******

Executive Board

Board of Directors

Exec. Committee

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Marsha Clayton

1st Vice President
Rachel Kusterer

2nd Vice President
Dotti Kunde

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Cat Simkins

Secretary
Carolyn Schuler

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Bill Farrell
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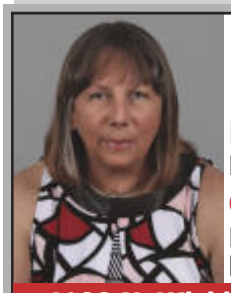
Emeritus Members

Gladys Amick
Doris McDowell
Joe Mangino

Operations Manager

Michelle Lewis

HAVE A CONCERN?
HEARD A RUMOR?
DON'T GOSSIP, GET
YOUR FACTS FROM
A BOARD OFFICER.



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Sleuth's Mystery Show **Wed, Sept 9** **$89**
Orlando — Join us for an afternoon of "Who dunnit"! Choice of lunch entrée (lasagna, Cornish hen). Prime rib available for additional $6.39. Unlimited beer, wine and soda included. Then enjoy a fun interactive comedy murder mystery show. Minimum of 35. Sign up by August 17.

Daytona All Access Tour **Wed, Oct 10** **$77**
Includes 90-minute tour on the world-famous Daytona track, pit road & museum followed by lunch at Aunt Catfish's on the river. Minimum 35. Sign up by September 10.

Mt. Dora Crafts Fair **Sat, Oct 27** **$40**
Join us for our annual trip to Mount Dora to roam one of the largest crafts fairs in Central Florida. Minimum of 35. Sign up by September 28.

Stetson Christmas Spectacular **Thurs, Nov 15** **$96**
Deland — Enjoy a guided walking tour of the first two floors of the lovely Stetson Mansion (no elevators), built in 1886 by famed hat maker & philanthropist John Stetson. Lunch included at Cook's Buffet. Minimum of 35. Sign up by October 1.

12th Annual Key West Trip **Sun-Wed, Dec 2-5** **$537**
Included in this year's fun get-away: Lunch on the way down, 3 nights accommodations at the Fairfield Inn & Suites (right on the Trolley line!), and lunch on the trip back home. Also included is the Glass Bottom Boat ride. Plus, if you have not had the chance to see Christopher Petersen in person, this is a must-see Cabaret Act as an optional excursion. This trip sells out every year, so be sure to send your $100 deposit by June 1.

Night of Lights **Tues, Dec 18 & Wed, Jan 9** **$97**
St. Augustine – First, a fun day of shopping and sightseeing. Then dinner at Barnacle Bill's. After dinner, enjoy the 25th annual lights display, proclaimed by National Geographic to be one of the best light displays in the world! Minimum of 35. Sign up by Nov. 1 for the Dec. trip, and by Nov. 30 for January.

St. Johns River Eco Tour & Debary Hall **Thurs., Jan. 24** **$99**
Debary – Cool morning eco cruise, followed by a walking tour of Debary Hall, built in 1871 by Baron Debary, exclusive importer of Mumms champagne, the beverage of the wealthy. Lunch is included. Minimum of 35. Sign up by December 14.

Bok Tower & Davidson Candy Factory **Thurs., Feb. 14** **$83**
Lake Wales — First, a 1-hour docent-led tour, then lunch onsite as you listen to the famous carillon bells. Spend time walking part of the 250 acres of gardens & bird sanctuary. On the way home, we'll stop at the Candy Factory to buy your sweetheart some special Valentine's treats. Minimum of 35. Sign up by January 4, 2019.

Trip cost includes taxes & driver gratuity. Pick-up at Titusville Home Depot.



DINNER & MOVIE @ 5PM

(DOORS OPEN AT 4:45 PM)

Tuesday, August 14TH
Dine in or Carryout_$5.00 at the door.

Dinner: Sloppy Joe/Chips/ Dessert

Movie: "Just Getting Started"

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like.

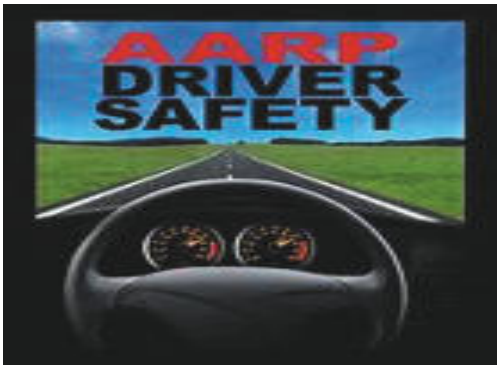
For more info contact Michelle @321-268-2333
*****Deserts by Dotti*****
Coffee& Water
(BYOB)

SENIORS DRIVING CLASS

For ages 50&up
AARP
REAL POSSIBILLTIES

Attend and get discount on Florida auto insurance!
Next available session August 13, 2018.Class hours: 9:30 a.m. —3:30 p.m. (arrive at 9:15 a.m.) Class size is limited to 30 people. Call 321 268-2333 to register. Cost: $15 for AARP member. $20 for non AARP member.

They may bring lunch or (lunch provided $3); blank check required. (No cash, debit or credit cards accepted.)





Date: August 23rd
Time: 6PM
Cost: $3:00 for members/ $4:00 for nonmembers
Hosted By: DJ Pat Kern

Come sing or just listen_ Hang out and have a fun night!

*****BYO drinks & snacks to share*****

FYI: Karaoke Night will also be held September 20th.

ACTIVITIES HIGHLIGHT



Love to sew? Not so great at it?

SEWING MADE EASY WITH KATHY

Thursdays from 9AM-12PM

Sewing for all levels. Pick your own project. For more info call 321-383-1292

REMEMBER TO BRING YOUR OWN



Want to brush up on your Line Dancing skills or just want to have some good ole fun? We offer Beginner Line Dance class with two sessions from 8AM to 9AM and 9AM to 10AM. Contact Naomi @ 321-567-9459 for more details.



Come join us for Euchre every Wednesday from 10AM to 1:30PM. For more details contact Mary @ 321-631-7014.



Love to write? Come join the fun. The Writer's Club meet every Friday from 10:30 AM to 12PM. Contact Pat@ 321-407-568-3557 for more information.

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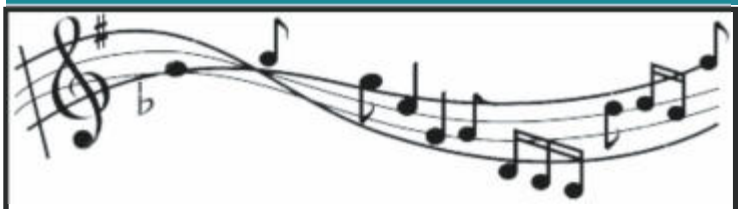
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Do you think you can Jazz?
Come join the fun!

Beginner Jazz classes are held on Wednesday from 11AM to 12:30 PM. Contact Marsha @ 321-264-2776 for more details.



Let the good time roll!
Join us for a fun game of Bunco held only on the 2nd Monday of each month_ 6:30PM-9PM. Contact Sharon @ 321-383-7927 for more details.



The Hurricane Rug Hookers are meeting on the 2nd & 4th Wednesday of each month. Contact Fonda @ 321-298-2796 for more details.



JOIN US FOR A FUN GAME OF POKER. EVERY MONDAY NIGHT FROM 6:30-9:30 PM. CONTACT BARBARA @321-607-2210 FOR MORE DETAILS

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Thursdays @ 10AM
(doors open at 9 AM)
Smoke Free Environment!

Only $8 to play 16 regular games(7 hard cards, additional hard cards $1 each.)
Special paper games pay varies (Jackpot payout $100). Only $1 per sheet, 6 cards per sheet.
Free Hot Coffee & Snacks (donations for snacks)

****ATTENTION FIRST TIME PLAYERS****
Bring this AD & get free play of 7 Hard Cards all day!





Ms. Dotti

Tip of the month:

Do you want your cake to taste like it came from the bakery?

Follow these steps:

1. Read the directions on the cake mix!
2. Add 1 or more egg (2 for an even richer cake)
3. Replace the oil with butter and double the amount.
4. Replace the water with an equal amount of milk.
5. Mix and bake according to package directions.

7 Can Soup

1 can of chili with meat
1 can of kidney beans
1 can of black beans
1 can of fiesta corn
1 can of pinto beans
15oz diced tomatoes
10oz diced tomatoes w/green chili (such as Rotel)
Salt and pepper
8 oz velvetta cheese

Empty all cans in a large pot, juice and all. Bring to a boil, lower heat and simmer 10-15 minutes. Add salt and pepper and velvetta. Stir until cheese melts.
Enjoy!



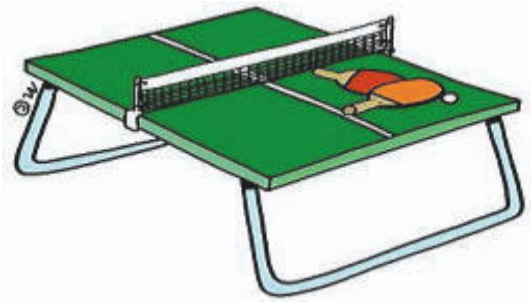
Picnic In The AC (air condition)

August 11th 2018

Time will be 12noon - 4pm. Doors open at 11:30am. Cost will be $12.00 per person and includes lunch. This event will have line dancing, games (Cards, Board Games, and the Game Room will be open also (Shoot Pool, Ping Pong, Wii) For more information they can call Naomi Hosteler @ 321-537-9459 or Ferrell Mazzatto @ 321-267-0195.









Health First
Cancer Institute

Dear North Brevard Friend,

At the beginning of 2018, oncologists at Health First Cancer Institute were informed that Parrish Medical Center would not be renewing their medical staff membership at the Titusville hospital after providing high-quality oncology services there for more than 30 years. However, a federal court recently ruled our oncologists serving North Brevard must have their medical privileges reinstated at Parrish. The court found the oncologists have "impeccable track records of providing excellent patient care" and they are entitled to be impartially evaluated based on the quality of care they provide. As a result, we will be able to continue to serve our patients during their times of need.

If you have any questions or would like to schedule a next-day appointment, please call 321.615.9438.

Sincerely,

Cynthia Bryant, MD
Juan Castro, MD
Josephine Dela Cruz, MD
Ashish Dalal, MD
Firas Muwalla, MD
Brendan Prendergast, MD
Richard Sprawls, MD

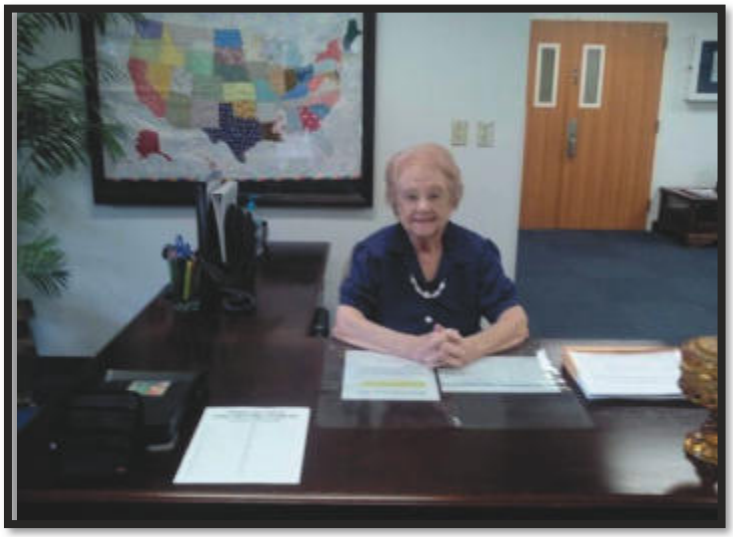
Next-Day Appointments Available



490 N. Washington Avenue, Titusville, FL 32796

HFcancer.org

Most insurances accepted



Dee Pace

Being the oldest of 7 children, I had the responsibility of watching over the rest of my siblings. We all had chores to do. My job was the ironing and the cooking. Mom rotated all of our jobs, so we had experience in all the different chores to running a home. Dad worked for Sears in the furniture department. He had to have a white starched shirt every morning for 5 working days a week and one for church on Sunday. There was no polyester back then. All of his shirts had to be sprinkled with water after they were starched in the rinse water and dried. I had a bushel basket of ironing every week. All of the kids had to have clothes for school, so I had to iron them as well.

My two sons and my two daughters are all grown now and have families of their own. My husband died in May of 2015. In February of 2013, I retired from Powers Drive Baptist Church to stay home and take care of my husband, Otis. When he passed away, I found my self with nothing to do. I was so bored after working all these years, I decide to go back to work again. Working at the NBSC has been a most satisfying job, I have ever had. The people here are so friendly and most of them are all seniors with time on their hands and nothing to do. The activities here, of which there are so many, helps fill the lonely times and keeps the spirits up with a good laugh and a happy smile as the seniors come in the front door of the Senior Center.

NBSC MEMBERSHIP

*****BECOME A MEMBER*****
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Joe Mangino
Barbara Manzi
Bobbie Martinez
Wilfred Meehan
Austra Miller
Roosevelt Northern
Linda Raab



Three older ladies were discussing the travails of getting older.

One said, "Sometimes I catch myself with a jar of mayonnaise in my hand in front of the refrigerator and can't remember whether I need to put it away, or start making a sandwich."

The second lady chimed in, "Yes, some times I find myself on the landing of the stairs and can't remember whether I was on my way up or on my way down."

The third one responded, "Well, I'm glad I don't have that problem; knock on wood," as she rapped her knuckles on the table, then told them "That must be the door, I'll get it!"