Center Information
909 Lane Ave
Titusville, FL 32780
Hours: Monday—Friday
9am to 4pm

March 2019

North Brevard Senior Center, Inc. DBA

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website/
Editors: Cat Simkins & Cheryl Kassak

TITUSVILLE ADULT SOCIAL CENTER



We need help with our Dinner & A Movie activity. Specifically:

- Someone to prepare a light supper each month in our kitchen.
- Movies. If you have a favorite, bring it in and we will preview it. If suitable, we'll show it at one of our dinners.

AARP Real Possibilities

TAX SERVICE

Mondays 11 AM — 4 PM

March 4 — April 15

FREE simple tax return preparation service for Seniors at our Center!

An appointment is not necessary. Just come and wait your turn.

OPEN TO THE PUBLIC

BAKED P ☘ TATO BAR BASH

Saturday, March 16 @ 5 PM

$12 person

Bring your friends — Drag 'em out of the bar on St. Pat's weekend!

Enjoy Baked Potatoes with LOTS and LOTS of different toppings! Plus Salad and yummy Strawberry Shortcake.

Coffee, hot & iced tea, sodas included.

Come listen to music, play a few games – prizes for winners! Plus 50/50 drawing.

Wear green if you're Irish – Come nekkid if you're not! *(Just kidding!)*

All proceeds go towards buying a Shuffle-board table. We have about LOTS of people signed up, waiting to play, so we'll have a great league. Mark your calendar to have a good time and help the Center!

Tickets on sale at the Reception desk until March 12th.



NBSC Activities

ACTIVITY	TIME	COST (MEMBER/ NON-MEMBER	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	$2/$3	Ops. Mgt.	(321)2 68-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M.	(321) 383-1609
Monday				
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Bill H.	(321) 848-8181
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne	(321) 267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25 (5-week course)	Hannah	(321) 720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve	(321) 269-0357
Poker	6PM-9PM	$2/$3	Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	$4/$5	Sharon	(321) 383-7927
TUESDAY				
Pinochle	9AM-2PM	$2/$3	Rachel	(321) 537-5322
Line Dance Class Beginner/Improver	9AM/10AM	$3/$4	Naomi	(321) 537-9459
Mahjongg	12:30PM-3:30PM	$2/$3	Beverly	(305) 355-1769
Party Bridge	12:30PM-3:30PM	$2/$3	Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	$2/$3	Dotti	(321) 269-9633
Tai Chi	1PM-2PM	$3/$5	Ada	(321) 848-4689
Dinner & Movie (2nd Tues)	5PM	$5	Bill H.	(321) 848-8181
Computer Classe	By Appt only	$3/$4	Anne	(321) 544-9469
WEDNESDAY				
Hooks & Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne	(321) 917-1108
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321) 593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara	(321) 452-1944
Hurricane Rug Hooking (2nd&4th)	10AM-2PM	$2/$3	Fonda	(321) 298-2796
Beginner Jazz	11AM or 3:30PM	$2/$3	Marsha	(321) 264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	$2/$3	Eleanor	(321) 267-8340
Tap/Jazz Class	3:30PM –4:30PM	$2/3	Marsha	(321) 264-2776
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel	(321) 537-5322
Line Dance Class Beginner/Improver	9AM/10AM	$3/$4	Naomi	(321) 537-9459
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Writers' Club	10:30AM-12PM	$2/$3	Pat	(407) 568-3557
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321) 593-2212
SATURDAY				
Beginner Line Dance *(on hiatus)*	8AM-9AM	$3/$4	Naomi	(321) 537-9459
Improvers Line Dance *(on hiatus)*	9AM-10AM	$3/$4	Naomi	(321) 537-9459
NEW Tap & Jazz	10:30-11:30AM	$2/$3	Marsha	(321) 264-2776
Line Dance Party (2nd Sat.)	1PM-4PM	$5	Naomi	(321) 537-9459
SUNDAY				
Intermed./Adv'd. Line Dance Class	2PM-4PM	$3/$4	Ferrell	(321) 267-0195

****** ALL ACTIVITIES OPEN TO THE PUBLIC ******



Thursdays @ 10AM
(Doors open @ 9 AM)

Smoke Free Environment!

Bring in canned goods or box donations on the 1st Thursday of each month for St. Gabriel's Seniors Food Pantry and receive a free Speedy game paper!

Only $8 to play 16 regular games (7 hard cards).
Additional hard cards $1 each.
Special paper games payout varies. (Jackpot payout $100)
Specials only $1 per sheet, 6 cards per sheet.
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TRIPS AND TOURS

All trips OPEN TO THE PUBLIC. ***MORE INFO? Call 321-631-8080***

BUS TRIPS

Strawberry Festival **Thurs, Mar 7** **$79**

Plant City – This year's morning concert is the Kingston Trio. The afternoon features The Lettermen, and we have reserved seats down in front of the stage! Includes general admission, reserved seating for The Lettermen concert, and a famous strawberry shortcake. We also will go to a private buyer for fresh berries for less than you can buy them at the Festival. ***1st BUS SOLD OUT – NOW FILLING 2ND BUS!***

Isle of Capri Casino **Tues, Mar 19** **$40**

Pompano Beach – We're heading south to this non-smoking casino. Receive $10 free play and $4 off the buffet. Minimum 35 people required. ***Sign up by March 5.***

Navy UDT–Seal Museum **Tues, Apr 2** **$71**

Ft. Pierce – Explore the history of the US Navy Seals and see the original training grounds of the Frogmen. Learn more about the elite warriors and the secret world of Naval Special Warfare. Lunch included. Minimum 35 people required. ***Sign up by March 15.***

"We All Come From Away" **Sat, June 15** **$110**

Orlando – Phillips Center – On 9-11, the world stopped. On 9-12 their stories moved us all. This Tony Award-winning Broadway musical is based on the true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. This is a must see! Includes lunch and upper balcony seats. ***ONLY 8 SEATS LEFT!***

13th Annual Key West Trip **Sun-Wed, Dec 1-4** **$561**

Clients have already begun paying the $100 deposit. Included is lunch on the way down & back, hotel accommodations at the Fairfield (right on Trolley line), a fabulous Sunset Sail on a catamaran with drinks, hors d'oeuvres & live music. More details coming soon. ***Deposit of $100 is being taken now and due by June 1.*** This trip always sells out early, so call to make your reservations today!

Trip cost includes taxes & driver gratuity. Pick-up at Titusville Home Depot.

MESSAGE FROM CENTER PRESIDENT HOSTLER…



With only two months into 2019, we are seeing improvements. Our special programs have exceeded past successes and encourages us to do even better in the months ahead.

After a year of heading the Dinner and a Movie activity, Marsha has chosen to step down leaving an URGENT need for a replacement.

The Starlight Music Magic program was a big success, as were the monthly Line Dance Party and the monthly Dinner and a Movie activities.

Look for the Baked Potato Bar event on Saturday, March 16th.

Bill Hostler, President

NEW

Tap & Jazz Class
Saturdays
10:30 AM

Beginning March 2. Only $2 for Center members, $3 non-members.

FMI: Marsha @ 321-264-2776.

Interesting Facts

The average person unlocks his/her Smart-phone 110 times every day. In fact, the average American spends almost half of their waking hours looking at screens — phone, computer, TV.

The average Millennial doesn't come up with a proper plan or understanding of personal finances until the age of 33.

Not only can spiders walk on water, but they're also able to breathe under it, too.

It takes the average person just 27 seconds to form a first impression.

Water sounds different when poured, depending on its temperature — 96% of people can tell the difference between hot and cold water being poured just by its sound.



Celebrate St. Patrick's Day by dancing an Irish jig!

LINE DANCE PARTY
SATURDAY,
MARCH 9, 2019
1 to 4PM

$5 Entry Fee

Wear your GREEN and come join the fun!
We walk through each dance TWICE before dancing it!

For the playlist go to:
https//www.linedance-titusvilleflorida.com



DINNER & MOVIE @ 5 PM

Tuesday, March 12



(DOORS OPEN @ 4:45 PM)

$5 payable at the door (Dine in or Carryout)

MENU: Chicken Strips w/Honey Mustard Dip, Normandin & Green Bean Salads, yummy Carrot & Black Forest Cakes

MOVIE: "Secondhand Lions" (COMEDY) starring Michael Caine, Robert Duvall & Haley Joel Osment

A coming-of-age story about a shy, 13-year-old boy sent by his irresponsible mother to spend the summer with his wealthy, eccentric uncles, Hub and Garth in Texas. Let the adventure begin!

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like. For more info contact Bill H. at 321-848-8181.

AARP SAFE DRIVING CLASS

(ages 50 & older)

THURSDAY, MARCH 21 @ 9:30 AM

Please bring a blank check to pay for the class (no cash accepted).

Also, please bring a bag lunch.

Call 321-268-2333 for reservations.



Thank you, DOTTI & ROSE... and NAOMI...

Dotti for a great job catering our Cards & Games Party, Rose for all her help with prep, serving & clean-up. And a special thanks to Naomi for the lovely Mardi Gras decorations. Our guests had a great time!

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Michelle Lewis



HEARD A RUMOR?
HAVE A CONCERN?

PLEASE DO NOT GOSSIP!

IT DOESN'T HELP AND CAN HARM. CONTACT A BOARD OFFICER AND GET THE FACTS.



MONTHLY BIRTHDAY BASH CANCELLED

This activity is cancelled because of low attendance. Perhaps we'll bring it back at some future date, and we appreciate the support of those who did attend.

Dotti & Cat

Newsletter Boosters



MAUREEN AYERS (2/20)
BARBARA BOSWELL (1/20)
DOROTHY FUCHS (4/19)
CHERYL KASSAK (3/20)
HAROLD KLOTZER (12/19)
KAREN LARSEN (12/19)
JOE MANGINO (1/20)
WILFRED MEEHAN (4/19)
LARRY OPPENHEIMER (10/19)

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SPOTLIGHT: BEANO – AND NOW YOU KNOW THE REST OF THE STORY...

The game we call "**bingo**" actually started out as "Beano".

The history of the game dates back to the mid-1500s. "Lo Giuoco del Lotto D'Italia" (the Italian Lottery) was all the rage. Players had cards with numbered squares on them, and the winning numbers were drawn out of a sack. This eventually became a popular game all over Europe.

However, it didn't "come across the pond" to America until an evening in December 1929 when a very tired New York toy salesman, Edwin Lowe, decided to drive on to Jacksonville, GA, so he'd have an early start for his next day's appointments. The year before, Lowe had set up his own toy company but soon after the Stock Market crashed, and Mr. Lowe's future looked bleak indeed.

A few miles from Jacksonville, Lowe came around a bend in the road and saw a country carnival. All the booths were closed except one packed with people. Lowe stood on tiptoes and peered over the shoulders of the participants. The action centered on a horse-shoe shaped table covered with numbered cards and beans. All seats were filled with players. The caller pulled small numbered wooden disks from an old cigar box and, at the same time, called the number aloud. The players responded by eagerly checking their cards to see if they had the number called; if so, they would place a bean on the number. This sequence continued until some someone filled a line of numbers on their card - either horizontally, vertically or diagonally, then shouted, "Beano!" The winner received a small Kewpie doll.

After locking up, the pitchman told Lowe that he had run across Lotto while traveling with a carnival in Germany the previous year. He thought it would make a good carnival game. He changed the name to Beano, and the game proved to be a surefire crowd pleaser.

Returning home to New York, Lowe bought some dried beans, a rubber numbering stamp and some cardboard. Friends were invited to his apartment and Ed Lowe assumed the pitchman's duties. Soon his friends were playing Beano with the same tension and excitement as he had seen at the carnival. During one session Lowe noticed that one of his players was close to winning. She got more excited as each bean was added to her card. Finally there was one number left - and it was called! The woman jumped up, became tongue tied and, instead of shouting "Beano," stuttered "B-B-B-BINGO!"

"I cannot describe the strange sense of elation that girl's cry brought to me," Lowe said. "All I could think of was that I was going to come out with this game, and it was going to be called Bingo!"

According to Lowe, the largest Bingo game in history was played in New York's Teaneck Armory - 60,000 players, with another 10,000 being turned away at the door. Ten automobiles were given away. Bingo was off to a fast start, and at the same time, had reserved itself next to baseball and apple pie - thanks to Ed Lowe!

YOUR FOB & YOU

If you have a newer vehicle that has a fob instead of a key … Here's the "key" to stopping auto theft…

That amazing keyless fob that lets you unlock your car and then start it with the push of a button also can pose a security risk. Thieves can scan for the signal that it constantly transmits, then relay it through an amplifying device and unlock and operate your car.

To protect your vehicle, you can use any one of several methods…

— "High tech" would be securing the fob in a signal-blocking container (for example, a Faraday bag or steel box) when not in use.
— "Low tech" would be wrapping it in aluminum foil when it's not in use.

For more info, check out Kim Komando's web article: https://www.komando.com/happening-now/495924/7-clever-ways-hackers-are-stealing-keyless-cars



PERSPECTIVE

65 Years old is still young!

How old is old? World Health Organisation (WHO) had declared that 65 years old is still considered young. Before, based on the Friendly Societies Act (1875) in Britain, old was defined by age of 50. The UN has not adopted a standard criterion but lately 60 years old was referred as the border age to the word 'old'. However the health organisation had done a new research recently, according to average health quality and life expectancy and defined a new criterion that divides human age as follows:

- 0 to 17 years old: underage
- 18 to 65 years old: youth or young people
- 66 to 79 years old: middle-aged
- 80 to 99 years old: elderly or senior
- 100+ years old: long-lived elderly

COOKING WITH DOTTI



CHEESE POTATO PUFF

12 medium potatoes, peeled (about 5 pounds)
1 teaspoon salt, divided
¾ cup margarine or butter
2 cups (8 oz.) shredded Cheddar cheese
1 cup milk
2 eggs, beaten
fresh dried chives (optional)

Cook potatoes with 1/2 teaspoon salt until tender. Drain; mash until smooth.

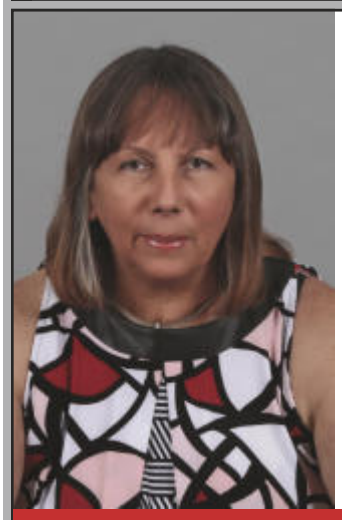
In a saucepan cook and stir butter, cheese, milk and remaining salt until smooth. Stir into potatoes; fold in beaten eggs. Pour into greased 3-quart baking dish.

Bake uncovered at 350 degrees for 40 minutes or until puffy and golden brown. Sprinkle with chives, if desired.

Note: After putting in baking dish, it may be refrigerated until ready to bake, even the next day. Let stand at room temperature for 30 minutes before baking, if refrigerated.

Yield 8-10 servings

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SKIP THE STUPID

As a child, I did many stupid things. After one such amazingly dumb stunt – trying to parachute out of my second story bedroom window using a bedsheet as the parachute and landing rather hard on the lawn below – my father stood over me and said, "Son, you're going to have enough chances in life you don't want to take, so don't take any chances you don't have to take." I quit taking stupid chances. [David K.]

FOOTBALL ISN'T A CONTACT SPORT – IT IS A COLLISION SPORT!

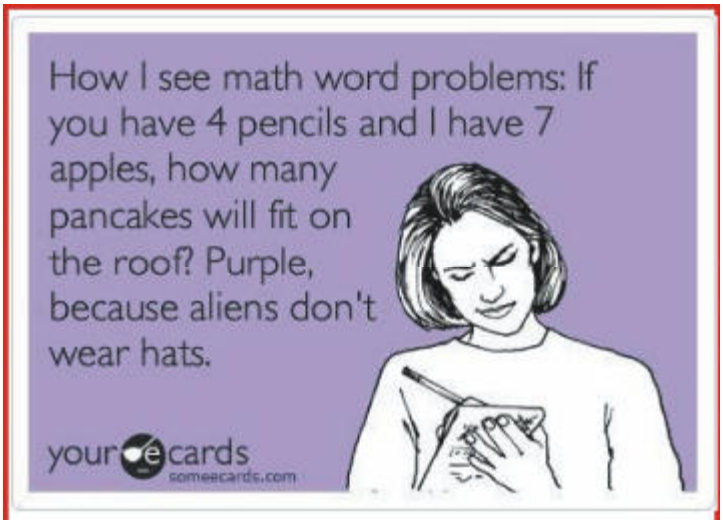
Gentlemen, it's better to have died a small boy than to fumble the football.
~ John Heisman

I make my practices real hard because, if a player is a quitter, I want him to quit in practice, not in a game.
~ Bear Bryant

It isn't necessary to see a good tackle; you can hear it!
~ Knute Rockne

When you win, nothing hurts.
~ Joe Namath

I never graduated from Iowa. I was only there for two terms – Truman's and Eisenhower's.
~ Alex Karras



MY FRIENDS ASKED ME TO GO CAMPING, SO I MADE A LIST OF THE THINGS I'D NEED:

1. **New Friends.**

MY DAD IS SO CHEAP. HOW CHEAP IS HE? WHEN HE DIES, HE'S GOING TO WALK TOWARD THE LIGHT … AND TURN IT OFF.

MY NEW DIET IS WORKING BUT IT'S SO EXPENSIVE! I PAY PEOPLE TO TELL ME HOW THIN I LOOK.

