909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

NOVEMBER 2019

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website
Editor: Cat Simkins

NORTH BREVARD SENIOR CENTER



CRAFTS by GLENNA

Wednesday
Nov. 20
10AM to 12 Noon

$3 members / $4 non-members

Come make great HOLIDAY GREETING CARDS using RUBBER STAMPS!

To sign up for the class, or for more info, call Glenna at 321-603-9363.



Good News

1st Session of Shuffleboard begins on Friday, Nov. 1st

10 AM til 12 NOON

Cost per session:

$2 for member
$3 for non-members

Team sign-up sheet posted in the Library. Register YOUR 2-person team today!

Don't have a team? Just sign up and we'll match you with a team mate.

For more info, please call Barbara at 321-607-2210.



NBSC Activities — OPEN to the Public

ACTIVITY	TIME	COST (MEMBER/ NON-MEMBER	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	$2/$3	Ops. Mgt.	(321) 268-2333
Wii Bowling	9AM-4PM	$2/$3	Pat M.	(321) 383-1609
MONDAY				
Board of Directors Mtg. (2nd Mon)	10AM	N/A	Bill H.	(321) 848-8181
Senior Fitness *(beginning Nov. 18)*	10AM-11AM	$3/$4	Linda	(321) 383-0735
Beginner Bridge	11AM	$12 (4-week course)	Mary H.	(321) 607-2200
Tap & Jazz *(beginning Nov. 18)*	11:15AM-12:45PM	$3/$4	Linda	(321) 383-0735
Mexican Train Dominoes	1PM-3PM	$2/$3	Joanne	(321) 267-5923
Spanish Class (next session TBA)	2PM– 4PM	$25 (5-week course)	Hannah	(321) 720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	$10	Steve	(321) 269-0357
Poker	6PM-9PM	$2/$3	Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	$4/$5	Sharon	(321) 383-7927
TUESDAY				
Pinochle	9AM-2PM	$2/$3	Rachel	(321) 537-5322
Line Dance Class—Beginners	9AM-10AM	$2/$3	Naomi	(321) 537-9459
Line Dance Class—Improvers	10AM-11AM	$2/$3	Naomi	(321) 537-9459
Mahjongg	12:30PM-3:30PM	$2/$3	Beverly	(305) 355-1769
Party Bridge	12:30PM-3:30PM	$2/$3	Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	$2/$3	Dotti	(321) 269-9633
Tai Chi	1PM-2PM	$3/$5	Ada	(321) 848-4689
Dinner & Movie (2nd Tues)	5PM	$5	Bill H.	(321) 848-8181
Computer Classes	By Appt only	$3/$4	Anne	(321) 544-9469
WEDNESDAY				
Crafts Class (3rd Wed.)	10AM-12PM	$3/$4	Glenna	(321) 603-9363
Hooks & Needles Knitting (1st Wed)	10AM-1:30PM	$2/$3	Anne	321) 917-1108
Senior Fitness *(beginning Nov. 20)*	10AM-11AM	$3/$4	Linda	(321) 383-0735
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321) 593-2212
Line Dancing	6:30PM-8:30PM	$3/$4	Barbara	(321) 452-1944
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	$2/$3	Fonda	(321) 298-2796
Tap & Jazz	11AM	$2/$3	Marsha	(321) 264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	$2/$3	Eleanor	(321) 267-8340
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel	(321) 537-5322
Sewing Lessons	11AM-1PM	$10 session	Carol	(561) 291-1329
Line Dance Class—Beginners	9AM-10AM	$2/$3	Naomi	(321) 537-9459
Line Dance Class—Improvers	10AM-11AM	$2/$3	Naomi	(321) 537-9459
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Writers' Club	10:30AM-12PM	$2/$3	Glenna	(321) 603-9363
ACBL Duplicate Bridge	12:30PM-4PM	$6/$7	Ralph	(321) 593-2212
SATURDAY				
Beginner Line Dance	9AM-10AM	$2/$3	Naomi	(321) 537-9459
Improvers Line Dance	10AM-11AM	$2/$3	Naomi	(321) 537-9459
Tap & Jazz	10:30-11:30AM	$2/$3	Marsha	(321) 264-2776
Line Dance Party (2nd Sat.)	1PM-4PM	$5	Naomi	(321) 537-9459
SUNDAY				
Intermed./Adv'd. Line Dance Class	2PM-4PM	$3/$4	Ferrell	(321) 267-0195



Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on 1st Thursday to St. Gabriel's Seniors Food Pantry and get a free Speedy game paper!

Only $8 to play 16 regular games
(7 hard cards).
Additional hard cards $1 each.

Specials only $1 per sheet,
6 cards per sheet.
Special paper games payout varies. (Jackpot $100)

ATTENTION FIRST TIME PLAYERS!
Bring this ad & get FREE play of 7 Hard Cards all day!

Free hot coffee.
Snacks *(donations).*



The NBSC will be CLOSED on Monday, Nov. 11 (Veterans Day) and Thursday, Nov. 28 (Thanksgiving Day).



Kathy Buck to place an ad today!
kbuck@lpiseniors.com or (800) 477-4574 x6346

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REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE
AT VERY REASONABLE RATES!

OVERSIZED RENTAL AREA



ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA



SAMPLE—DECORATED AREA





ANNUAL ELECTIONS

Saturday, December 9
10 AM

Please come vote for our 2020 Board of Directors! Current candidates are:

President—*Open*
1st Vice President—Richard Long
2nd Vice President—Bill Farrell
Treasurer—*Open*
Secretary—Cat Simkins

In keeping with Roberts Rules of Order (Revised), nominations will be accepted from the floor.

The NBSC is a non-profit corporation, and we need volunteers to serve so we can do the important work of the Board.



I don't have ducks,
and I don't have a row.

I have squirrels,
and they're drunk.





The current version of our U.S. flag was designed by a 17-yr.-old student for a class project. He got a B-.

Popcorn has been eaten for almost 7,000 years and is one of the oldest snacks in history.

2019 Board of Directors

EXEC. COMMITTEE	BOARD MEMBERS	EMERITUS MEMBERS
PRESIDENT	Janet Eastman	Gladys Amick
Bill Hostler	Anne Farrell	Terry Eisenberg
1st VICE PRESIDENT	Naomi Hostler	Doris McDowell
Open	Dotti Kunde	Joe Mangino
2nd VICE PRESIDENT	Rachel Kusterer	
Bill Farrell	Richard Long	*OPS MANAGER*
TREASURER	Cat Simkins	Michelle Lewis
Open		
SECRETARY		
Barbara Boswell		

TAP DANCE CLASS

Wednesdays @ 10 AM

(beginning Nov. 20)

$3 members / $4 non-members

Yes, Linda Peraza's fun tap class is back!

Call Linda at 321-383-0735 for more info.

Newsletter Boosters

Be a Booster for only $10/year.

MAUREEN AYERS
LORETTA BODZIAK
BARBARA BOSWELL
SUSAN FRANK
CHERYL KASSAK
HAROLD KLOTZER
KAREN LARSEN
JOE MANGINO
ANDREW OLSHAVSKY

Bunco is CANCELLED in November in observance of Veterans Day.



Bunco will resume on DECEMBER 9 — So mark your calendars to come out with bells on (jingle bells, that is…) and play this simple, fun dice game!

I'm so broke that I have to put free samples on layaway.

I'm grateful that my thoughts don't appear in a bubble over my head.

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www.bykotacupuncture.com
321-474-4573
Beverly Lynch LAc.
Acupuncture/Chinese Herbs
bk.lynch@yahoo.com

SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY

DINNER & MOVIE @ 5 PM

(DOORS OPEN @ 4:45 PM)

$5 payable at the door (Dine in or Carryout)



Dinner includes coffee, hot tea, iced tea & water — BYOB.
Fresh popcorn to enjoy during the movie.
Bring your own chair cushion if you like.

Tuesday, November 12 *(Door prizes, too!)*

MENU: Pizza, Dessert

MOVIE: "Mr. Roberts" (Comedy rated PG)
Henry Fonda, James Cagney, Jack Lemmon, William Powell, Philip Carey

This classic is a hilarious, heart-felt military comedy-drama featuring an officer who's yearning for battle but is stuck in the backwaters of WWII on a noncommissioned Navy ship run by the bullying Capt. Morton.

Tuesday, December 10

MENU: TBA

MOVIE: "Christmas in Connecticut" (Romantic Comedy rated PG)
Barbara Stanwyck, Dennis Morgan, Sydney Greenstreet

It's 1945. Columnist Elizabeth writes about her idyllic home in Connecticut where she is the perfect wife, mother & career woman. Her publisher decides to have her entertain a war vet on Christmas Eve. Sounds like great publicity, huh? Except that her "life" is not real, so what could go wrong?

AARP Real Possibilities

AARP SAFE DRIVING CLASS

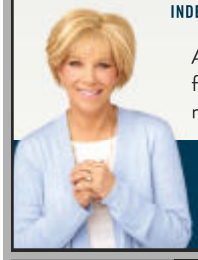
Thursday, November 14 @ 9:30 AM

Take the class and get a 3-year discount on your FL auto insurance!

Sign up sheet on bulletin board in Library or call 321-268-2333 to register.

Call today to connect with a **SENIOR LIVING ADVISOR**

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE



A Place for Mom has helped over a million families find **senior living solutions** that meet their **unique needs**.

aPlace forMom.

Joan Lunden, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.

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Contact us for details · 800-477-4574

Mondays @ 10 AM

SENIOR FITNESS

$3 members / $4 non-members

Yes, ladies & gentlemen, Linda Peraza's great Senior Fitness class is back!

Come do simple exercises that fit your "senior" status — gain strength and better balance to enhance your every-day life.

Call Linda at 321-383-0735 for more info.

COOKING WITH DOTTI



BLACKBERRY PINEAPPLE DELIGHT

1 can blackberry pie filling
1 can crushed pineapple, drained
1 2-layer yellow cake mix
1 stick butter
Finely chopped pecans (optional)

Preheat oven to 350 degrees.
Mix together pie filling and pineapple. Pour into ungreased 9x13 inch pan. Sprinkle cake mix on top of fruit.

Cut butter into thin slices and place on top of cake mix. Sprinkle with nuts, if desired.

Bake for 45 minutes or til golden brown on top. Serve warm with whipped cream.



FALL LINE DANCE PARTY



SATURDAY, NOV. 9

1 to 4 PM

$5 Entry Fee

WHERE: North Brevard Senior Center (909 Lane Ave., Titusville)

Enjoy a great afternoon of dancing to ALL GENRES OF MUSIC!

Don't forget to bring a friend!

We walk through each dance TWICE before dancing it!

For the playlist go to:

https://www.linedance-titusvilleflorida.com

FOR MORE INFO: Call 321-537-9459

Whoever said there are no losers clearly never spent any time in Vegas.

1. Old People are easy to spot at sporting events; during the playing of the National Anthem. Old People remove their caps and stand attention and sing without embarrassment.

They know the words and believe in them.

2. Old People remember World War II, Pearl Harbor, Guadalcanal, Normandy and Hitler.

3. They remember the Atomic Age, the Korean War, The Cold War, the Jet Age and the Moon Landing.

They remember the 50 plus Peace-keeping Missions from 1945 to 2005, not to mention Vietnam.

4. If you bump into an Old Person on the sidewalk he will apologize. If you pass an Old Person on the street, he will nod or tip his cap to a lady. Old People trust strangers and are courtly to women.

5. Old People hold the door for the next person and always, when walking, make certain the lady is on the inside for protection.

6. Old People get embarrassed if someone curses in front of women and children and they don't like any filth or dirty language on TV or in movies.

7. Old People have moral courage and personal integrity. They seldom brag unless it's about their children or grandchildren.

8. It's Old People who remove their hats while eating in a restaurant in respect for the ladies and guests.

9. It's the Old People who know our great country is protected, not by politicians, but by the young men and women in the military serving their country.

10. This country needs Old People with their work ethic, sense of responsibility, pride in their country and decent values.

We need them now more than ever.

Thank God for Old People.



CONNIE'S CREATIVE CARD MAKING

Connie Chandler will be hosting this new Activity on the 2nd Tuesday of every month, starting January 14th at 11:30 am-12:30 pm.

Each participant will make 2 unique greeting cards. Cost is $4 for members, $5 for non-members. All materials will be provided.

Connie Chandler, Independent Stampin Up Demonstrator
Phone 410-598-3755

Visit my website (http://heartsentiments.com) or Facebook page (https://www.facebook.com/HeartSentiments) for ideas & samples.

There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.

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- $20 COPAY for specialist office visits
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- No more than $3,400 per year in out-of-pocket expenses

CareNeeds Plus (HMO SNP)*:
For people with both Medicare and Medicaid
- $0 COPAY for hospital
- $100 MONTHLY ALLOWANCE for covered over-the-counter products – that's up to $1,200 per year!
- $0 COPAY for routine dental coverage, PLUS complete or partial dentures up to 1 set every 5 years

PLUS, ALL CAREPLUS PLANS FEATURE:
- GYM MEMBERSHIP through the SilverSneakers® Fitness Program
- A $50 GIFT CARD PER YEAR for completing preventive screenings with our Rewards Program

Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus

Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. *This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711). H1019_MKDMFNPR151043090_M

Health First
Cancer Institute



Providing High-Quality Cancer Care to the People of Brevard County

As your local healthcare system, Health First is here for you and your family. For more than 30 years, we have provided high-quality oncology care to the people of Brevard County. We know how important it is to have easy access to oncology services, close to home. That is why we have multiple locations for your convenience.

Our oncology services and technology include:

- State-of-the-art Radiation Therapy
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- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D Conformal Radiation Therapy (CRT)
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

Visit **HF.org/cancer** to learn more.



ALL TRIPS OPEN TO THE PUBLIC ***MORE INFO? Call 321-631-8080***

BUS TRIPS

Mission Inn Champagne Brunch **Sun, Dec. 15** **$???**

Howey in the Hills — Join us for a bountiful and extraordinary harvest of culinary delights at this historic inn. Overlooking the exquisite Plaza De La Fontana, and the water by the 17th green of the famous El Campeón Golf Course, the La Hacienda Dining Room offers an exceptional view of the Mission Inn grounds. You'll enjoy your choice of picturesque indoor or outdoor seating while sipping on your complimentary Champagne and Mimosas served with brunch. ***Sign up by Dec. 1. Need minimum of 35.***

St. Augustine "Night of Lights" **Tues, Jan. 28, 2020** **$99**

Trip includes time for after-Christmas bargain shopping and then dinner, followed by our horse-drawn carriages through the historic Night of Lights Tour. ***Sign up by Dec. 1. Need minimum of 35.***

Dancing with the Stars **Sun, Feb. 23** **$169**

Dr. Phillips Center, Orlando — Don't miss this fantastic performance of the Live Tour 2020! Mezzanine seating. Includes lunch at the Ale House. ***Sign up by Dec. 1. Need minimum of 35.***

Boat Tour & Morse Museum **Wed, Mar. 11** **$75**

Orlando -- Trip includes morning scenic boat tour through the Winter Park Chain of Lakes, followed by lunch and then to the Morse Museum for a Docent-led tour including the Tiffany Collection. ***Sign up by February 1. Need minimum of 35.***

Miss Saigon **Sat, April 4** **$112/130**

Dr. Phillips Center, Orlando — Experience the acclaimed new production of this legendary musical from the creators of "Les Miserables". Includes lunch, seats either balcony or upper balcony. ***Sign up NOW. Need minimum of 35.***

Trip cost includes round-trip motorcoach, taxes & driver gratuity.
Pick-up at Titusville Home Depot.

INTERNATIONAL TRAVEL

RUSSIA **Sat., Dec. 5 @ 1 PM**

All About You Travel is hosting one of their suppliers from Moscow for a walk-through of the history of Russia with Space and Military accents. **This is preliminary to traveling there in August 2020**. Please ***RSVP (321-631-8080)*** if you will be attending this presentation.

Egypt, Sail the Nile River **Sat-Sun, Mar. 21-29, 2020** **$$$**

Globus had brought us Egypt again — From the Pyramids to the Valley of the Kings & Queens to the Temple of Horus and so much more!

Northern Italy & Gourmet Tuscany **Fri-Sun, Jun 12-28, 2020** **$$$**

Explore northern Italy and Cinque Terre. Spend the last week in a villa in Tuscany with day trips to different areas

Sail the Queen Victoria **Fri-Wed, Oct. 9-21, 2020** **$$$**

See the Northern Lights and discover Norway. Don't miss this opportunity! If we get enough people Georgette will be hosting this sailing!

THE SOONER YOU FALL BEHIND, THE MORE TIME YOU HAVE TO CATCH UP.