909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

December 2024

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website
Editor: Linda Trawle

North Brevard Senior Center

North Brevard Senior Center
annual Christmas Party.

Saturday, December 7th
Elections of Officers at 11am

Lunch at 11:45am
Salad, Lasagna, & Dessert

Music 12:00 noon to 3:00pm
and we are bringing back *the Elkery Brothers*
from last year for your listening and dancing pleasure.

Tickets
Members $8.00
Non– Members $10.00
Must purchase by December 3rd





The Center will be closed the following days in December 24-25 and December 31st– January 1st

ANNUAL ELECTIONS

SATURDAY, DECEMBER 7th @ 11:00 am
I t's time to elect your Board of Directors
Executive Committee

Current candidates are:

President – Anita James

1st Vice President – Paulette Amaral

2nd Vice President – Rachel Kusterer

Treasurer – Cathie McMullin

Secretary – Jeany Heaney

Please plan to attend this brief meeting as it's imperative we have a quorum to elect next year's Executive Committee.



Starting December 2nd
2025 Membership
will be available.
$20.00 for the Year!

AARP Smart Driver Course

Thursday, December 12th

From 9:30am-3:30pm

North Brevard Senior Center
909 Lane Ave, Titusville, FL

Call to register for this course.

Instructor: Karen Civitate 321-252-9073

NBSC Activities — Guests welcome!

ACTIVITY	TIME	MEMBER/GUEST DONATION		CONTACT PERSON	
MONDAY					
Strength and Stretch	9AM-10AM	$2/$3	Room B	Susan	(540-220-4831
No. Brevard Line Dance	10AM-12:30PM	$3/$4	Gold Room	Yvette	(321) 258-6534
Poker	10AM-2PM	$2/$3	Library	Les	(321-591-5156
Yoga	11:30AM-12:30PM	$5/$6	Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM– 2PM	$5/$6	Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	$2/$3	Room A	Joanne	(321) 267-5923
Hand & Foot	12:30PM-3:30PM	$2/$3	Room A	Donna	(407) 808-5237
Progressive Rummy (1st & 3rd Mon)	1PM-3:30PM	$2/$3	Room B	Cathie	(610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	$4/$5	Room A	Carol	(332)268-8087
Zumba	6PM-7PM	$7/$8	Gold Room	Robin .	(321) 514-5945
Blast	7:15PM– 8PM	$5/$6	Gold Room	Robin	(321)514-5945
TUESDAY					
Beginning Tap Dance	9AM-10 AM	$2/$3	Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	$2/$3	Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	$2/$3	Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	$2/$3	Room B	Marsha	(309) 236-7786
Connie's Card Making (2nd Tues)	11:00AM-12:00PM	$4/$5	Library	Connie	410) 598-3755
Mahjongg	12:30PM-3:30PM	$2/$3	Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	$2/$3	Library	Kathy .	(321) 268-4827
Tai Chi	1PM-2:30PM	$4/$6	Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	$7/$8	Gold Room	Robin	(321) 514-5945
WEDNESDAY					
Zumba– Gold	9:15AM-10:15AM	$7/$8	Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	$2/$3	Library	Fonda	(321) 298-2796
Golden Hearts Senior Fitness	11AM-Noon	$5/$6	Gold Room	Robin .	(321) 514-5945
Beginning Ballet/Lyrical	9AM-10AM	$2/$3	Room B	Susan	(540) 220-4831
Duplicate Bridge	11:30-3:30PM	$2/$3	Room A	John	(321) 269-5525
Line Dance Class Beginner/Inproved	4:30PM-6:30PM	$5/$6	Gold Room	Cathy	(814)571-2834
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Gold Room	Cat	(321) 231-1135
Beginning Jazz/Contemporary	9AM-10AM	$2/$3	Room B	Susan	(540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	$7/$8	Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	$7/$8	Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	$5/$6	Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Library	Anita	(918)810-3534
FRIDAY					
Muscle Memory, Strength, Balance	10AM-11AM	$2/$3	Gold Room	Natine	(321) 609-099
Euchre	10AM-1PM	$2/$3	Library	Barbara	(321)750-2679
No. Brevard Line Dance (Impr/Intermed)	12PM-2PM	$3/$4	Gold Room	Yvette	(321) 258-6534
Cribbage	1PM-3PM	$2/$3	Library	Carole	(321)268-2333
Karaoke	2PM-5PM	$2/$3	Room A	Mike	(321) 268-2013
Line Dance Social (4th Fri)	6PM-9PM	$5	Gold Room	Yvette	(321)258-6534
SUNDAY					
Intermed/Adv'd. Line Dance Class	2PM-4PM	$5/$6	Gold Room	Pat	(321)720-8979

MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2023 DUES WILL BE ASKED TO DONATE AN EXTRA DOLLAR FOR EACH ACTIVITY ATTENDED.



Bunco

2nd Monday of the month at 9:30am

Why not join them for a fun afternoon!

For more information call Carol at 321-268-8087

Day trips

Check the last page for all the new day trips being offered!

Why not join Marsha Tap & Jazz Class?

This is a intermediate class.

No Classes December 23rd thru January 3rd

Tuesdays @ 11am Room B

Call Marsha @ 309- 236-7786 for information

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- Prevent type 2 diabetes and heart disease

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RENTALS

Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life

North Brevard Senior Center has space available at very reasonable rates.
Starting at $50.00 for 2 hours
Call: 321-268-2333

SAMPLE—DECORATED AREA









FULLY EQUIPPED KITCHEN







Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***
*No one under the age of 18

Bring in a canned or boxed food item for donation on 1st Thursday to No One Hungry Senior Pantry and get a free Speedy game paper!

Only $10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards $3/strip.

Specials only $1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!
Bring this ad & only pay $2 for a card pack (reg. $10)!

Free hot coffee.
BRING YOUR OWN SNACKS & LUNCH.





EXEC. COMMITTEE

PRESIDENT
Anita James
1st VICE PRES.
Rachel Kusterer
2nd VICE PRES.
OPEN
TREASURER
Cathie McMullin
SECRETARY
Paulette Amaral

BOARD MEMBERS

Jeff Amaral
Paulette Amaral
Jeany Heaney
Rachel Kusterer
Cat Simkins
Diane Sweeney
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral

ZUMBA fitness

Join Robin!
Monday & Thursday
6pm-7pm

***Core & More** will now follow Zumba on Thursday Nights 7:15 pm-8pm.*

No classes December 23rd-January 3rd

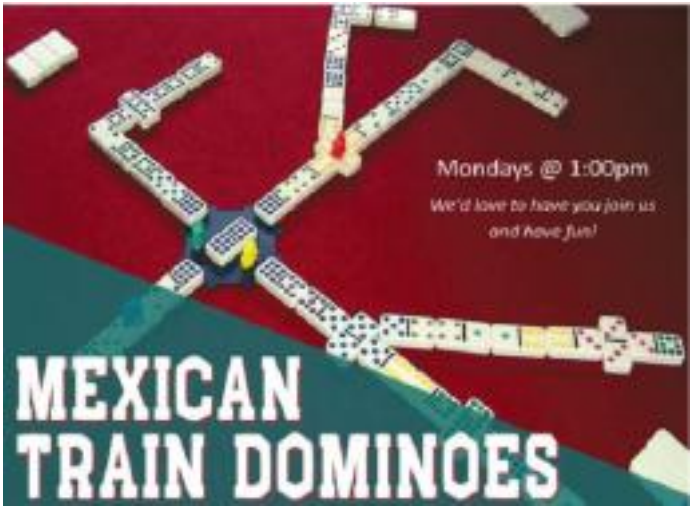


Why not stop in and try our one of our many classes we offer at the center!

Beginning Ballet/Lyrical!
Wednesdays
1:00 pm– Room B
Always wanted to be a ballerina? It's never too late? Join this class to explore your love of classical dance.

Beginning Jazz /Contemporary
Thursdays
9:00 am - Room B
Enjoy jazz & contemporary movement styles drawing from Broadway & modern dance.
Contact Susan for information on both classes at 540-220-4831 or susanlandess@gmail.com

No classes December 23rd thru January 3rd





Beginner Tap Dance
Tuesday at 9am
No classes December 23rd thru January 3rd
Room B
For more information call Susan 540-220-4831



Why not join Connie's Card Making?
No class in December & January.
For more information call
Connie at 410-598-3755

ZUMBA gold

Zumba Gold– Toning

Thursdays 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

No Classes December 23rd-January 3rd
Room B
This class is a total chair class!



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MAHJONGG

TUESDAYS @ 12:30 pm
$2 members
/ $3 guests

Call Andi at 321-385-3595
If you have any questions!





Zumba Gold
9:15 am
Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.

No classes December 23rd-January 3rd





Well Care will be sponsoring Robin's
Zumba Gold Class
December 4th - 9:15-10:30 am
making this class FREE to all who participate.
Come join the FUN!
Any questions feel free to contact Robin at 321-514-5945

SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM
BEGINNER/IMPROVER/
INTERMEDIATE
For information call
Cathy 814-571-2834



Tuesdays at 1pm

Room B



HANDS - HEAD - FEET *Your Center needs all of you!*

Help *is needed to support our nonprofit Corp . Examples of how* ***YOU*** *can help includes: Rentals to oversee them.*

Committees (*special events, ways & means, etc.)*
For more info or to volunteer, please write down your area of interest & experience (not required) and turn it into our Ops Manager Linda Trawle



Newsletter Booster 2024

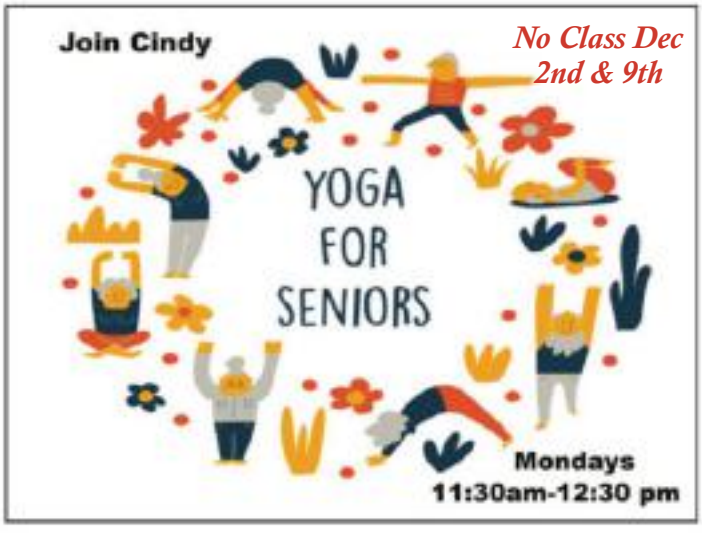
Be a Booster for only $10/year.

Natine Abreu-Shaw
Jeff Amaral
Paulette Amaral
Judy Ball
Joann Baxter
Raymond Bray
Lois Broyles
Joanne Engelbeck
Susan Frank
Patricia Hackenberg
Judy Harris
Judy Housel
Anita James
James Kiener
Harold Klotzer
Karin Krause
Susan Landess
Catherine McMullin
Dennis McMullin
Madeleine Morris
Fran North
Andrew Olshavsky
Yvonne Repich
Tina Ringfield
Robin Rymkos
Andy Shayka
Linda Siano
Cat Simkins
Wendy Smith
Beverly Thomas
Margaret Tobison
Linda Trawle
Sandra Valdes



Fridays at 1pm

Please park in the back and enter by back door.
Meets in the Library



FYI!

STRENGTH & STRETCH

Provides support for posture, body core work & foot strength.
Socks, ballet or jazz shoes.
Bring a mat for the stretch portion of the class.

Mondays @ 9 am Room B

For more information call
Susan at 540-220-4831
No classes December 23rd thru January 3rd



Hurricane Rug Hooking
2nd and 4th Wednesday
of each month
10am to 2pm
Meets in the Library

LINE DANCE SOCIAL

Celebrations

Friday, December 20th
6pm-9pm

Only $5.00 person



Come dance to all genres of music great for everyone, beginner to advanced!

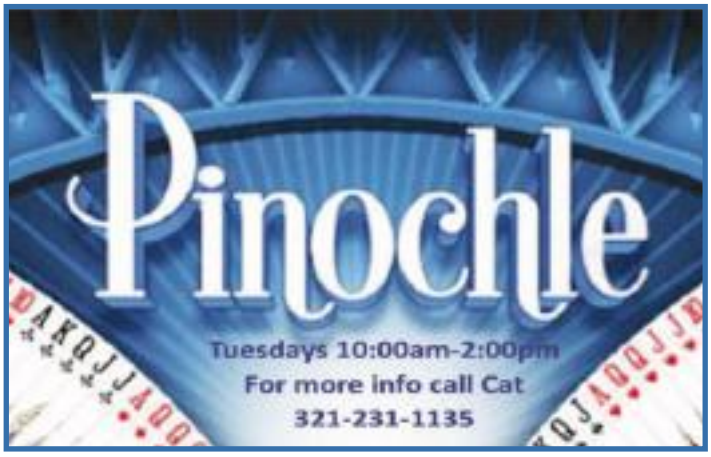
Call Yvette at 321-258-6534
for more information

GOLDEN HEARTS

No class
December 23rd-
January 3rd



Join Robin for her
Senior Fitness
Class
Get your heart pumping all while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members $5.00
Non-Members $6.00



Why not join Robin ?

The first Friday
December 6th
Please be signed in by 9:50am

Get those joints moving!

Robin will have
Band Camp, Balls & Bands starting at 10am.
with a Strength Class at 11am.
A great way to end the class.

Both classes are a safe way, seated in the chair.
This class is being sponsored by **Well Care**
so this class is free for you to come to!

Follow us on Facebook
for our upcoming events
North Brevard Senior Center



Gary has stepped up to help with your computer or phone questions. Well knowledgeable on PC and I phones. Private Class by appointment only at the North Brevard Senior Center

$2.00 members $3.00 non members

Call Gary 407-399-0327
Members $2.00 Non Members $3.00

ZUMBA toning

No Classes
December 23rd-
January 3rd

Tuesday evenings
6pm-7pm
Zumba Toning combines body-sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching strength training fitness party.

POKER

MONDAY
MORNING
10AM-2PM

Dealer's Choice
$2 member / $3 non-member
CHIPS— Bag of 40 only $4



HAND & FOOT

MONDAYS
12:30 PM till 3:30 PM
$2 members / $3 guests
No Class Dec 23rd & Dec 30th
Don't know how to play this card game?
We'll teach you.



SEPTEMBER 3RD
River Lanes
Free Ladies Clinic Before League Starts! August 27th and 29th at 9am!
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Ladies League
$11
Tuesdays 9am
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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080 (ALL ABOUT YOU TRAVEL)

DAY BUS TRIP

A Beautiful Noise, The Neil Diamond Musical **February 6, 2025** **$235.00 per person**

Join us for an afternoon at Dr. Phillips Center to see the story of Neil Diamond come to life on stage. Lunch included. Need 35 minimum, final by October 1st

MJ The Musical **March 11, 2025** **$195.00 per person**

He is one of the greatest entrtainers of all time. Now Michael Jackson's unoque and unparalleled artistry comes to Orlando as MJ the multi Tony Award winning new musical centered around the making of the 1992 Dangerous World Tour, begins a tour of its own. Minimum of 20 to guarantee trip. Deadline to sign up December 10th, 2025.

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CRUISES

Scottish Highlands & Island **May 10th-May 23rd 2025** **$4869 per person (Double Occupancy) $6239 Single**

Join Jean as we head to Scotland for 14 days of travel.
See flyer by the travel section at the North Brevard Senior Center.



Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.