909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

April 2025

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: http://nbsc.website
Editor: Linda Trawle

North Brevard Senior Center

Congratulations to all of our members of the North Brevard Senior Center who participated in the 5K Chuck Wagon Challenge! We are so proud of all of you and your accomplishments! Congratulations to Artie Leavitt for taking 1st place, Ann Williams 2nd place & Sheri Holder 3rd place. A big congratulations to Janet Shea for taking 2nd place and Patricia Walters Ludwig Cottiers for taking 3rd place in their age group 80 plus and it was their first 5k.



Golden Hearts & Zumba was filled with so many leprechauns on St. Patty's Day!







HAND & FOOT

MONDAYS 12:15PM till 3:30 PM

Start playing at 12:30 Sharp!

$2 members / $3 guests

Don't know how to play this card game will teach you!



Party Bridge .
1st & 3rd Wednesday
12:30-3:30pm
If interested please contact Cathy at 6647CCH@gmail.com

New Tap class starting Friday, April 18th
At 9am in room B.
Any questions feel free to call Susan @ 540-220-4831 or susanlandess@gmail.com

Tap Dance



From the Board of Directors

NBSC Activities — Guests welcome!

ACTIVITY	TIME	MEMBER/GUEST DONATION		CONTACT PERSON	
MONDAY					
Strength and Stretch	9AM-10AM	$2/$3	Room B	Susan	(540)-220-4831
No. Brevard Line Dance	10AM-12:30PM	$3/$4	Gold Room	Yvette	(321) 258-6534
Poker	10AM-2PM	$2/$3	Library	Les	(321-591-5156
Yoga	11:30AM-12:30PM	$5/$6	Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM– 2PM	$5/$6	Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	$2/$3	Room A	Joanne	(321) 267-5923
Hand & Foot	12:15PM-3:30PM	$2/$3	Room A	Donna	(407) 808-5237
Progressive Rummy (1st & 3rd Mon)	1PM-3:30PM	$2/$3	Room B	Cathie	(610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	$4/$5	Room A	Carol	(332) 268-8087
Zumba	6PM-7PM	$7/$8	Gold Room	Robin .	(321) 514-5945
Blast	7:15PM– 8PM	$5/$6	Gold Room	Robin	(321)514-5945
TUESDAY					
Beginning Tap Dance	9AM-10 AM	$2/$3	Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	$2/$3	Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	$2/$3	Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	$2/$3	Room B	Marsha	(309) 236-7786
Mahjongg	12:30PM-3:30PM	$2/$3	Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	$2/$3	Library	Kathy .	(321) 268-4827
Tai Chi	1PM-2:30PM	$4/$6	Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	$7/$8	Gold Room	Robin	(321) 514-5945
WEDNESDAY					
Beginning Ballet/Lyrical	9AM-10AM	$2/$3	Room B	Susan	(540) 220-4831
Zumba– Gold	9:15AM-10:15AM	$7/$8	Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	$2/$3	Library	Fonda	(321) 298-2796
Party Bridge	12:30PM-3:30PM	$2/$3	Library	Cathy	(321)268-2333
Golden Hearts Senior Fitness	11AM-Noon	$5/$6	Gold Room	Robin .	(321) 514-5945
Beginning Line Dance	11AM-Noon	$3/$4	Room B	Yvette	(321) 258-6534
Duplicate Bridge	11:30-3:30PM	$2/$3	Room A	John	(321) 269-5525
Line Dance Class Begin/Improve /Int	4:30PM-6:30PM	$5/$5	Gold Room	Cathy	(814)571-2834
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Gold Room	Cat	(321) 231-1135
Beginning Jazz/Contemporary	9AM-10AM	$2/$3	Room B	Susan	(540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	$7/$8	Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	$7/$8	Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	$5/$6	Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Library	Anita	(918) 810-3534
FRIDAY					
Tap	9AM-10AM	$2/$3	Room B	Susan	(540)220-4831
Muscle Memory, Strength, Balance	10AM-11AM	$2/$3	Gold Room	Natine	(321) 609-099
Euchre	10AM-1PM	$2/$3	Library	Barbara	(321) 451-6697
No. Brevard Line Dance (Impr/Intermed)	12PM-2PM	$3/$4	Gold Room	Yvette	(321) 258-6534
Cribbage	1PM-3PM	$2/$3	Library	Carole	(321)268-2333
Karaoke	2PM-5PM	$2/$3	Room A	Mike	(321) 268-2013
Line Dance Social (Last Friday of the Month)	Noon-3pm	$5	Gold Room	Yvette	(321)258-6534
SUNDAY					
Intermed/Adv'd. Line Dance Class	2PM-4PM	$5/$6	Gold Room	Pat	(321)720-8979

MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2025 DUES WILL BE ASKED TO DONATE AN EXTRA DOLLAR FOR EACH ACTIVITY ATTENDED.



Bunco
2nd Monday of the month at 9:30am

Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087

Day trips

Check the last page for all the new day trips being offered!

Why not join Marsha Tap & Jazz Class?
This is a intermediate class.

Tuesdays @ 11am Room B
Call Marsha @ 309- 236-7786 for information

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Joann R., 68 y.o



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RENTALS

Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life

North Brevard Senior Center has space available at very reasonable rates.
Starting at $50.00 for 2 hours
Call: 321-268-2333

SAMPLE—DECORATED AREA









FULLY EQUIPPED KITCHEN







Thursdays @ 10AM

(Doors open @ 9 AM)

*** Smoke Free Environment ***

*No one under the age of 18

Bring in a canned or boxed food item for donation on 1st Thursday to No One Hungry Senior Pantry and get a free Speedy game paper!

Only $10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards $3/strip.

Specials only $1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!
*Bring this ad & **only pay $2** for a card pack (reg. $10)!*

Free hot coffee.
BRING YOUR OWN SNACKS & LUNCH.





EXEC. COMMITTEE

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Paulette Amaral
2nd VICE PRES.
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TREASURER
Cathie McMullin
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Diane Sweeney
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral

ZUMBA fitness

Join Robin!
Monday & Thursday
6pm-7pm

***Core & More** follows*
Zumba on Thursday Nights 7:15 pm-8pm.

Zumba

Blast
follows
Robin's
Zumba class
Mondays at 7:15pm

Line Dancing

Intermediates and Advance

Why not join Pat on Sunday afternoons 2:00pm-4:00 pm

For more information Call Pat at 321-720-8979

Strength & Stretch

Mondays

Provides support for posture, body core work & foot strength. Socks, ballet or jazz shoes. Bring a mat for the stretch portion of the class.

Mondays @ 9 am Room B

Beginning Ballet/Lyrical!

Wednesdays

9:00am– Room B

Always wanted to be a ballerina? It's never too late? Join this class to explore your love of classical dance.

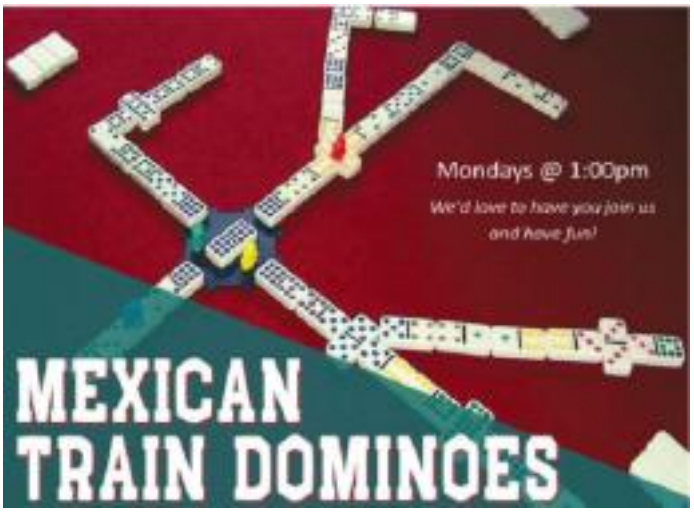
Beginning Jazz /Contemporary

Thursdays

9:00 am - Room B

Enjoy jazz & contemporary movement styles drawing from Broadway & modern dance.

Contact Susan for information on all above classes at 540-220-4831 or susanlandess@gmail.com





Beginner Tap Dance
Tuesday at 9am
Room B



For more information call Susan 540-220-4831



ZUMBA gold

Zumba Gold– Toning

Thursdays 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B

This class is a total chair class!

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MAHJONGG

TUESDAYS @ 12:30 pm

$2 members

/ $3 guests

Call Andi at 321-385-3595
If you have any questions!





ZUMBA gold

Zumba Gold

9:15 am

Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.



Newsletter Booster 2025

Natine Abreu-Shaw
Jeff Amaral
Paulette Amaral
Lois Broyles
Patricia Carter
Susan Frank
Joann Hanba
Judy Harris
Anita James
James Kiener
Catherine McMullin
Dennis McMullin
Madeline Morris
Fran North
Patricia Portz
Tina Ringfield
Suzanne Rostek
Carolyn Schuler
Andy Shayka
Linda Siano
Wendy Smith
Beverly Thomas
Linda Trawle

All members of North Brevard Senior Center are welcome to come to a Board of Directors Meeting which is held on the 2nd Thursday of the month.



Next one is April 10th at 3pm

SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM
BEGINNER / IMPROVER / INTERMEDIATE
For information call
Cathy 814-571-2834



Tuesdays at
1:00 pm
Room B





Fridays at 1pm

Please park in the back and enter by back door.
Meets in the Library

Members all we am asking for is one day a month a total of 4 hours to help out at the front desk out of 128 hours a month that the center is open.

Duties: *Answer the phone, greet people, give new members Information about the center activities. Great way to get to know other members of the center!*







Join Yvette!

Listed are all her classes
For more information
Call her at 321-258-6534

Line Dance Beginning to Intermediate:
Monday 10:00am-12:30pm

Beginning Line Dance Class:
Wednesday at 11:00 am –12:00pm

Improver: or Intermediate:.
Friday 12 pm to 2 pm

LINE DANCE SOCIAL

Friday, April 25th
Noon– to 3:00 pm
Only $5.00 person



Come dance to all genres of music great for everyone, beginner to advanced!

Call Yvette at 321-258-6534
for more information

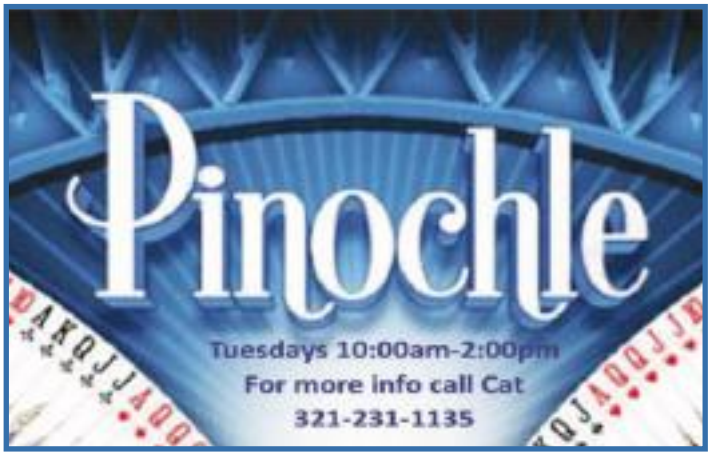


Why not stop in and try our one of our many classes we offer at the center!

GOLDEN HEARTS



Join Robin for her
Senior Fitness
Class
Get your heart pumping all
while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members $5.00
Non-Members $6.00



Did you know we have over 15 different exercise programs to pick from?
Why not check them our for 2025!





Hurricane Rug Hooking
2nd and 4th Wednesday
of each month
10am to 2pm
Meets in the
North Brevard Senior Center Library

Follow us on Facebook
for our upcoming events
North Brevard Senior Center



Gary has stepped up to help with your computer or phone questions. Well knowledgeable on PC and I phones. Private Class by appointment only at the North Brevard Senior Center

$2.00 members $3.00 non members

Call Gary 407-399-0327
Members $2.00 Non Members $3.00

ZUMBA toning

Tuesday evenings
6pm-7pm
Zumba Toning combines body-sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching strength training fitness party.

POKER

MONDAY MORNING 10AM-2PM

Dealer's Choice
$2 member / $3 non-member
CHIPS— Bag of 40 only $4



HAND & FOOT

MONDAYS
12:15PM till 3:30 PM
Start playing at 12:30 Sharp!
$2 members / $3 guests
Don't know how to play this card game?
We'll teach you.



RIVER LANES

Early Risers Ladies League

TUES
JAN 07
9AM
16 WEEKS
$11 PER WEEK
NON-SANCTIONED

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

DAY BUS TRIP

CRUISES

Spotlight on Northern Italy - September 12-20, 2025 -
Join Jean as we go to explore Northern Italy. We will stay in Treviso and do day trips each day to different areas including Venice, Verona and the Dolomites! Ask about the Slovenia pre-extension

Private Safari to South Africa with Jean - November 11-22, 2025 -
This year I am excited to return to South Africa with my clients to share my love of South Africa with you. Maximum of 18 people, 2 seats remain. Cost without international air is $7170pp based on double occupancy (note: when you open up the flyer, at the top of the page roll your mouse as there is another tab to the right of overview that shows the daily itinerary)

Looking for a Worthy Charitable Organization ?



North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.